

10H15
11H00

Atelier organisé par Roche

Salle 351



UTILISATION DU NT-PROBNP DANS LA DÉTECTION PRÉCOCE ET LE SUIVI D'UNE ATTEINTE CARDIAQUE CHEZ LES PATIENTS DIABÉTIQUES DE TYPE 2

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Lien d'intérêts

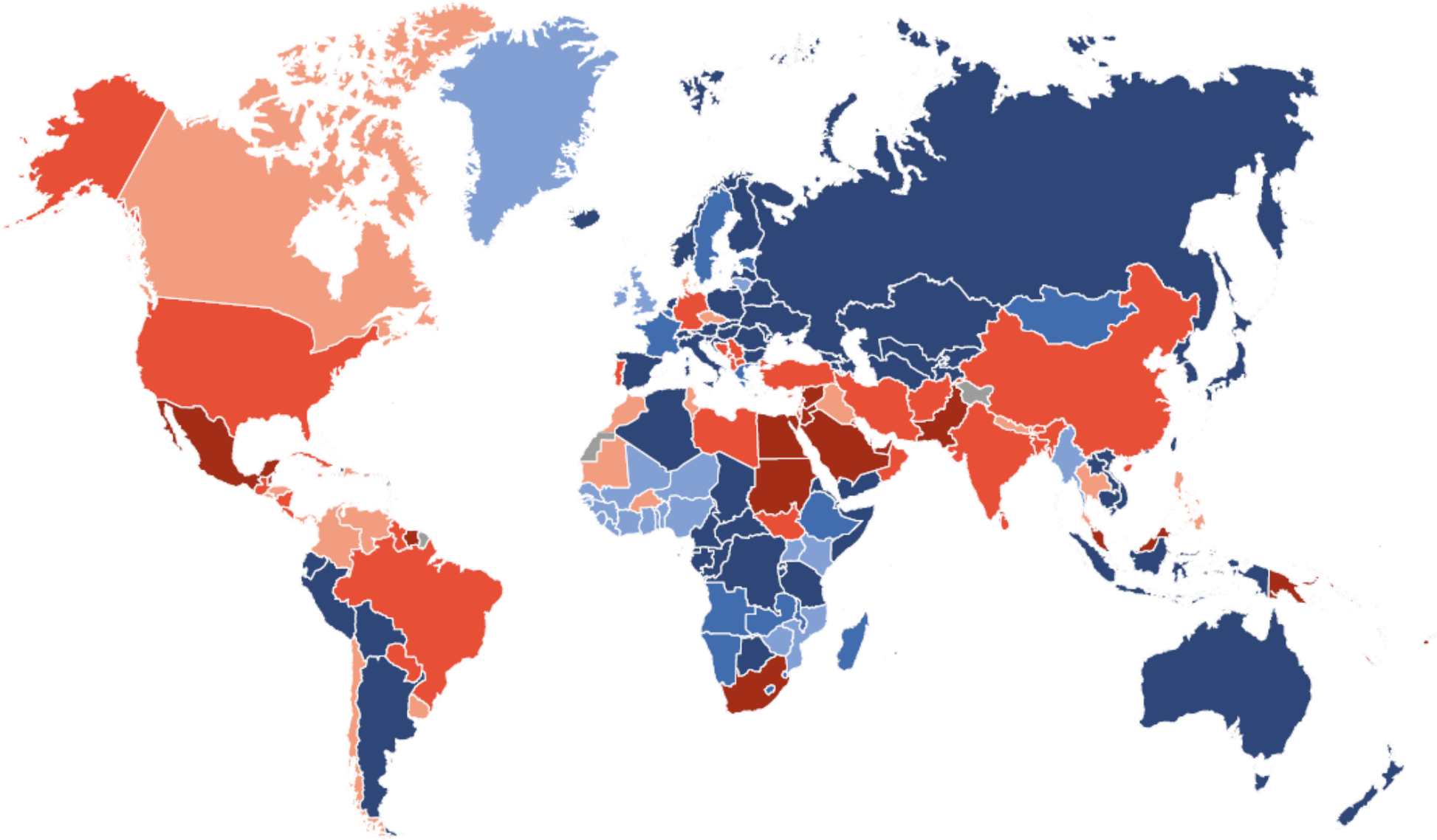
Conférences : Roche Diagnostics

Aide financière pour projet de recherche : Roche Diagnostics et Astra Zeneca

Boards scientifiques et conférences : Lilly - Boehringer Hingelheim et Astra Zeneca

Données épidémiologiques

Diabète (20-79 ans)



- <4%
- 4-5%
- 5-7%
- 7-9%
- 9-12%
- ≥12%

Estimated age-adjusted comparative prevalence of diabetes in adults (20-79 years) in 2019

Augmentation de la prévalence

Summary

North America & Caribbean

2045 63 million ↑ 33% increase
 2030 56 million
 2019 48 million

South & Central America

2045 49 million ↑ 55% increase
 2030 40 million
 2019 32 million

Africa

2045 47 million ↑ 143% increase
 2030 29 million
 2019 19 million

Middle East & North Africa

2045 108 million ↑ 96% increase
 2030 76 million
 2019 55 million

Europe

2045 68 million ↑ 15% increase
 2030 66 million
 2019 59 million

South-East Asia

2045 153 million ↑ 74% increase
 2030 115 million
 2019 88 million

Western Pacific

2045 212 million ↑ 31% increase
 2030 197 million
 2019 163 million

WORLD

2045 700 million ↑ 51% increase
 2030 578 million
 2019 463 million

Map 1 Number of people with diabetes worldwide and per IDF Region in 2019, 2030 and 2045 (20–79 years)



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www.em-consulte.com



Original article

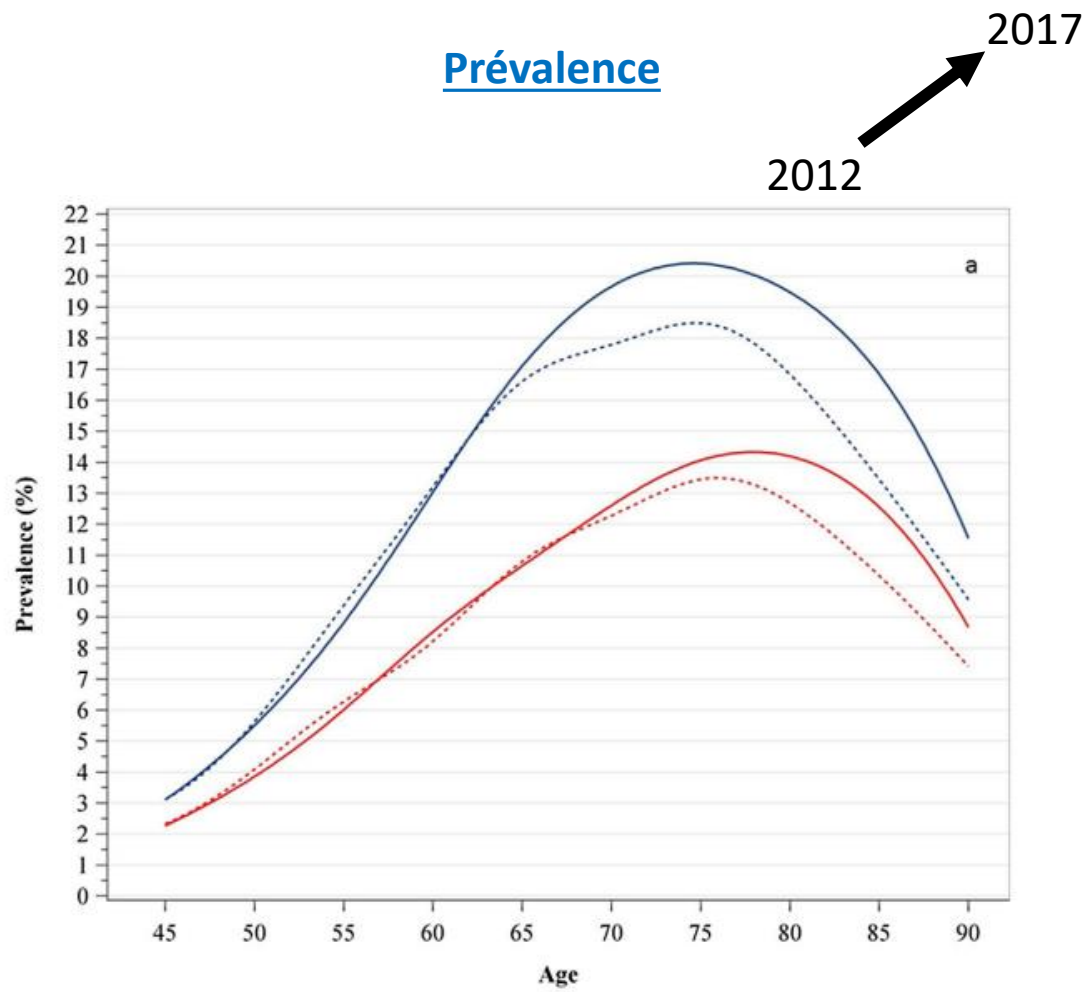
Is the type 2 diabetes epidemic plateauing in France? A nationwide population-based study

S. Fuentes^{a,*}, L. Mandereau-Bruno^a, N. Regnault^a, P. Bernillon^a, C. Bonaldi^a, E. Cosson^{b,c},
S. Fosse-Edorh^a

^a Santé publique France, the French National Public Health Agency, 12, rue du Val d'Osne, 94415 Saint-Maurice, France

^b Department of diabetology, endocrinology and metabolism, CRNH-IdF, CINFO, Paris 13 university, Sorbonne Paris cité, Avicenne hospital, AP-HP, 93000 Bobigny, France

^c UMR U1153 Inserm, U1125 Inra, Cnam, Paris 13 university, Sorbonne Paris cité, 93000 Bobigny, France



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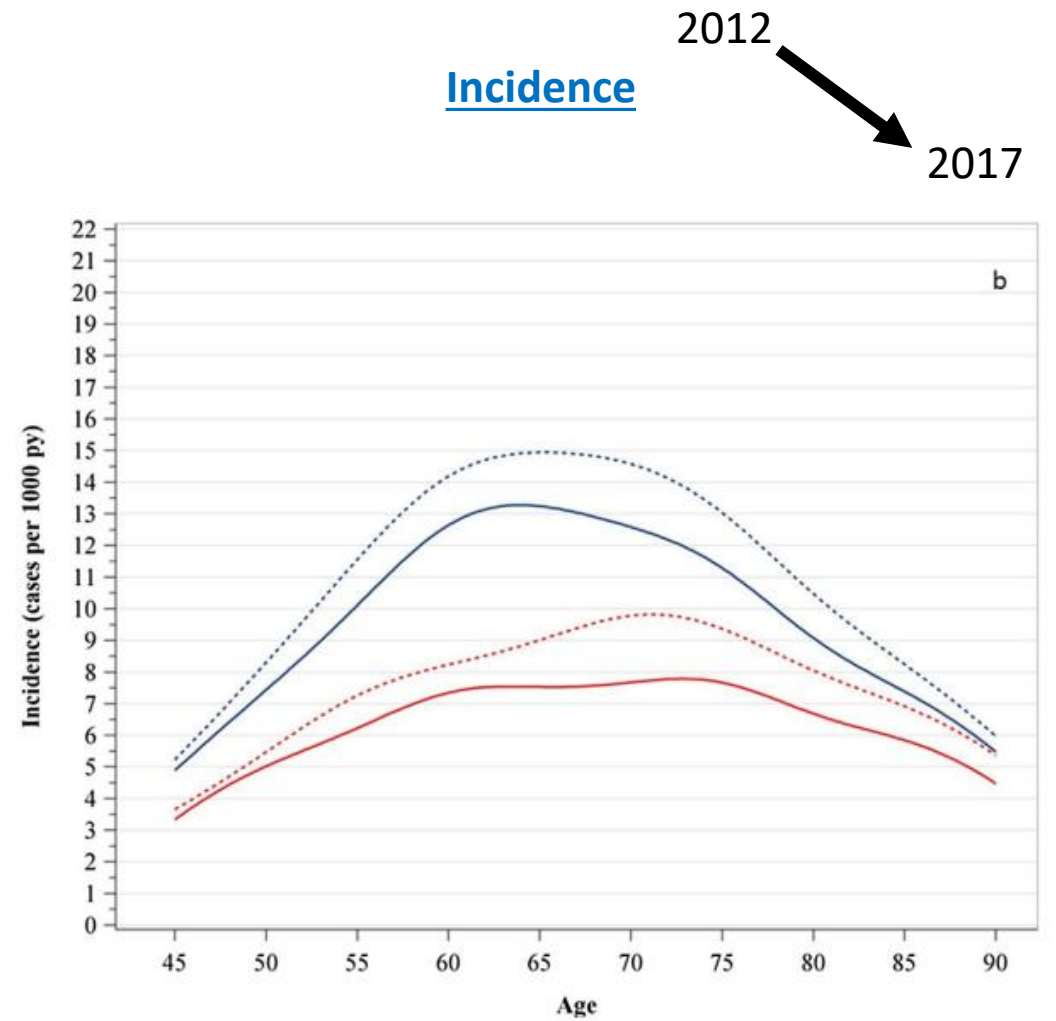
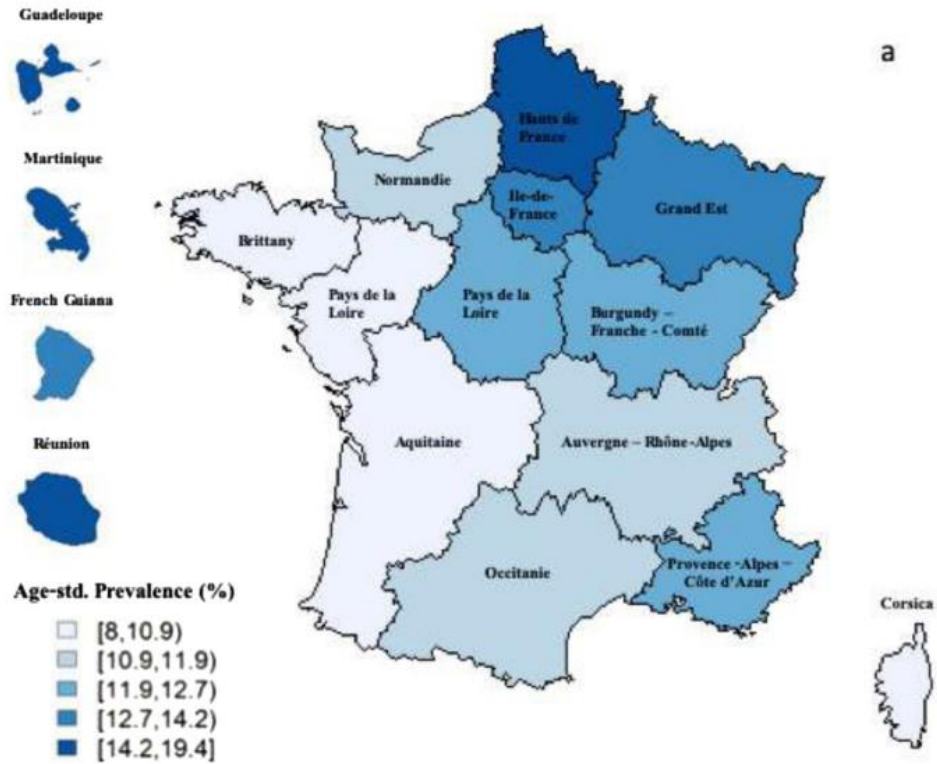


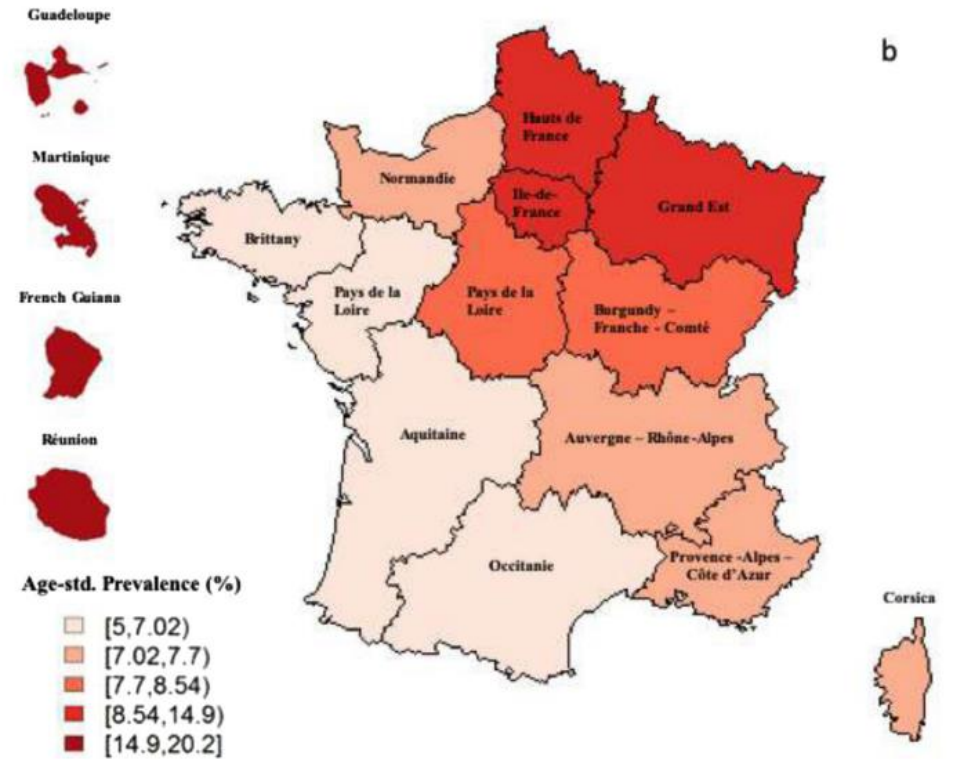
Fig. 2. Age-specific (a) prevalence in 2010 (dotted line) and in 2017 (solid line) and (b) incidence in 2012 (dotted line) and in 2017 (solid line) in France in adults aged ≥ 45 years stratified by gender (blue: men; red: women).

H 2017



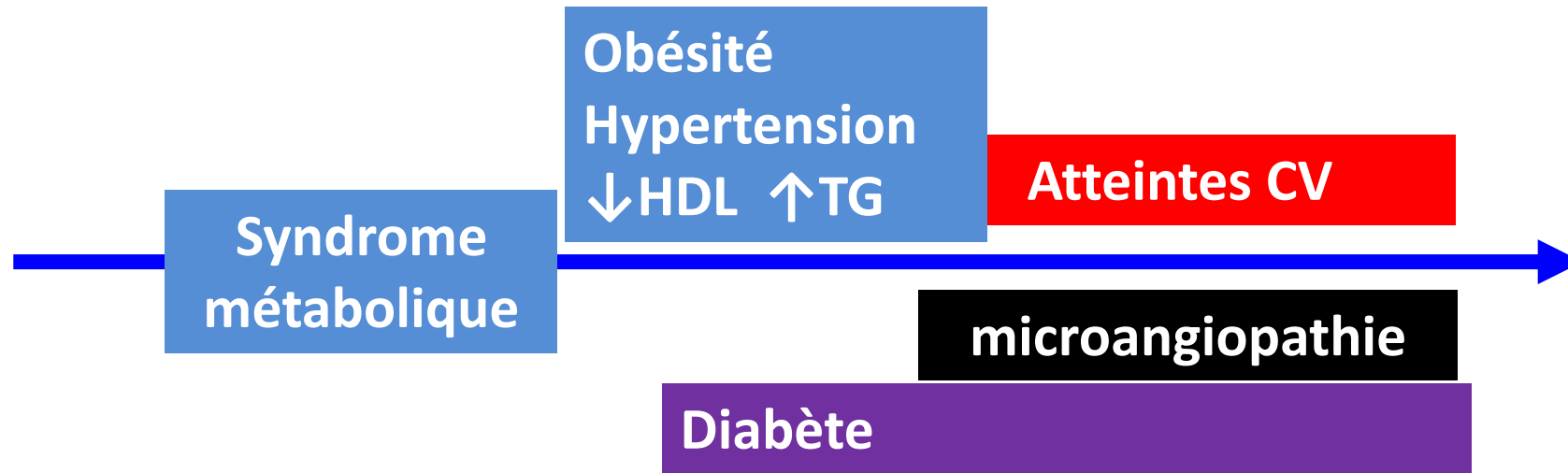
Prévalence

F 2017



Incidence des complications

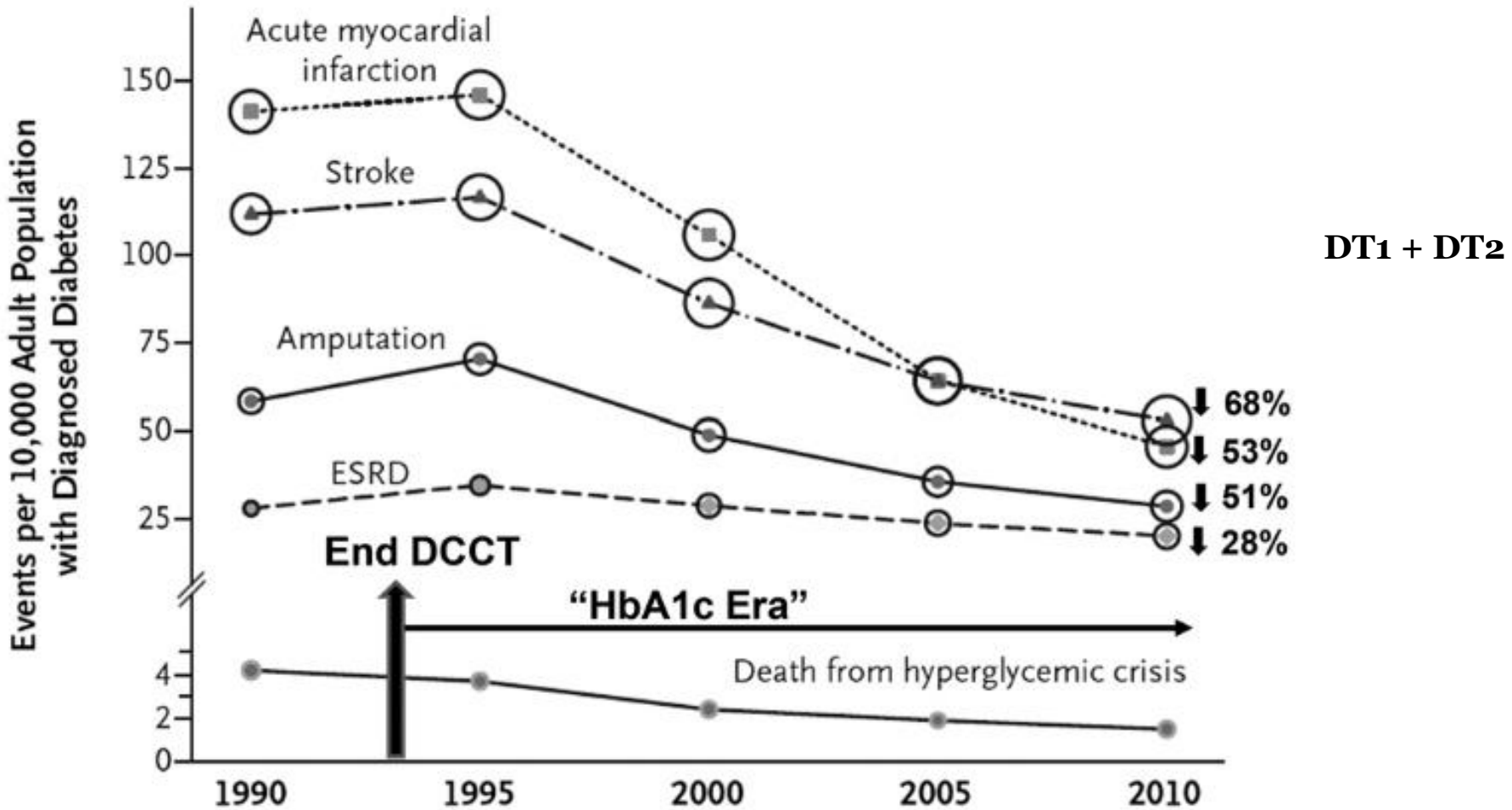
DT2



DT1

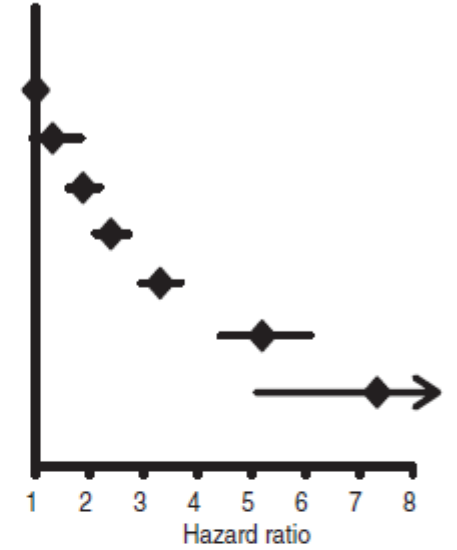


Diminution des complications du diabète



A All-cause mortality

GROUP	EVENTS	PERSON-YEARS	INCIDENCE RATE	HAZARD RATIO
Matched controls	4141	1627074	2.55 (2.47 to 2.62)	Reference
Persons with diabetes No risk factors	41	25928	1.58 (0.95 to 2.21)	1.31 (0.93 to 1.85)
1 risk factor	286	96572	2.97 (2.49 to 3.44)	1.87 (1.60 to 2.19)
2 risk factors	642	109556	5.86 (5.16 to 6.56)	2.39 (2.10 to 2.73)
3 risk factors	676	64068	10.56 (9.48 to 11.63)	3.31 (2.96 to 3.69)
4 risk factors	360	19672	18.31 (15.51 to 21.10)	5.19 (4.43 to 6.10)
5 risk factors	69	2411	28.53 (17.84 to 39.23)	7.33 (5.08 to 10.57)



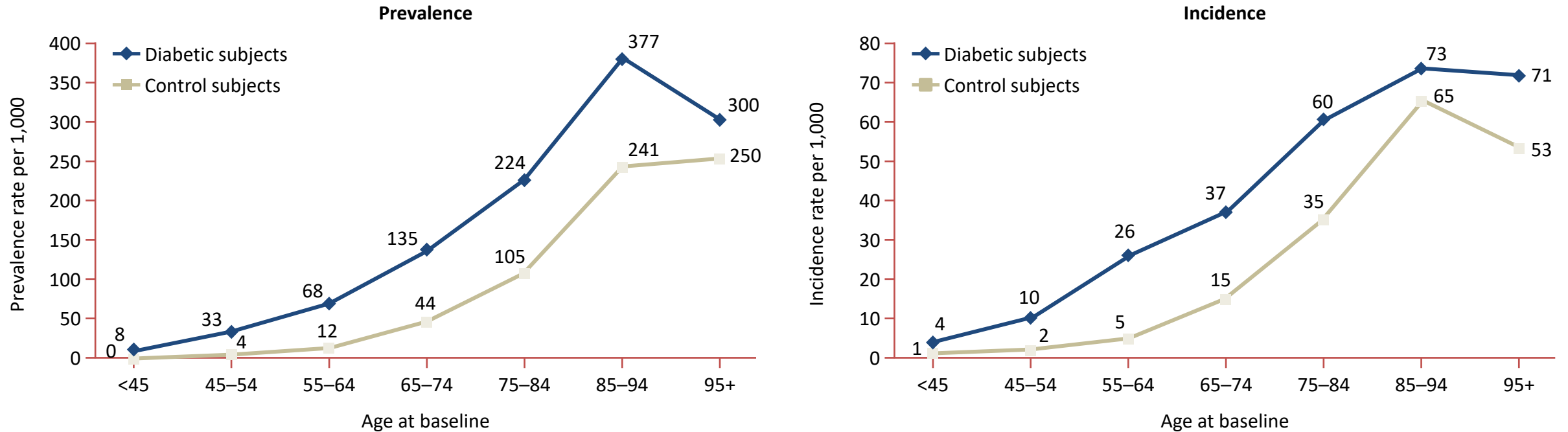
5 facteurs de risque

- HbA1c 7%
- PA 140-80 mmHg
- Microalbuminurie
- Tabac
- LDL 0,97 g/l

Quid de l'insuffisance cardiaque?

Risque d'IC en cas de DT2

Age-based risk of heart failure in type 2 diabetes

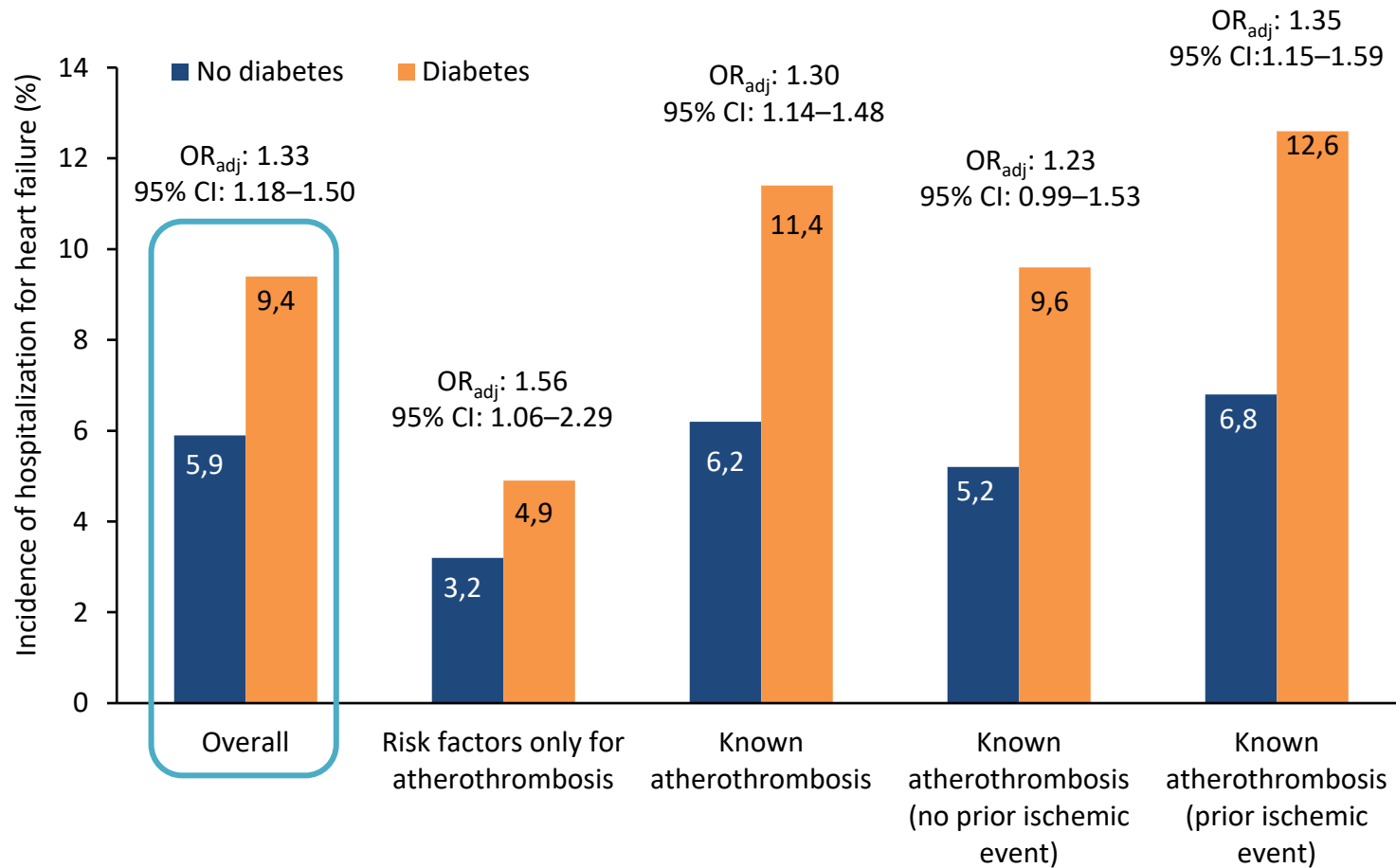


- HF was approximately **2–8× more prevalent** in people with T2D than in the age- and sex-matched control group.
- The incidence of HF in people with T2D **increases dramatically with age**.

Type 2 diabetes adds a constant risk of heart failure, independent of age.

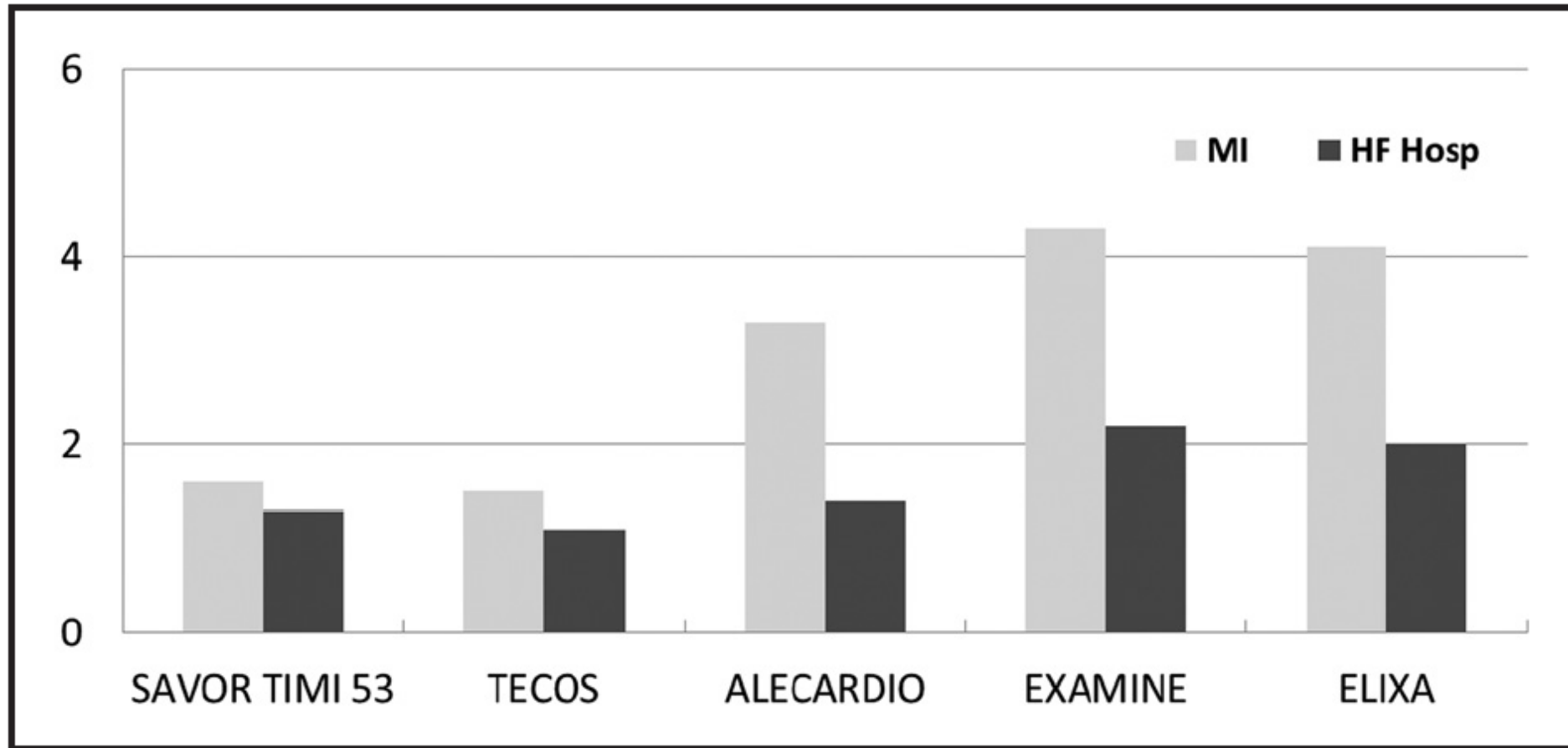
Risque d'IC en cas de DT2

Incidence of hospitalization for heart failure in diabetes¹



- + **33% hospitalisation pour IC¹**
- Taux IC vs. “pas de diabète”
 - X 2 Hommes²
 - X 4 Femmes²

Incidence d'IDM et d'hospitalisation pour insuffisance cardiaque (DT2 à haut risque CV)



Heart Failure Considerations of Antihyperglycemic Medications for Type 2 Diabetes

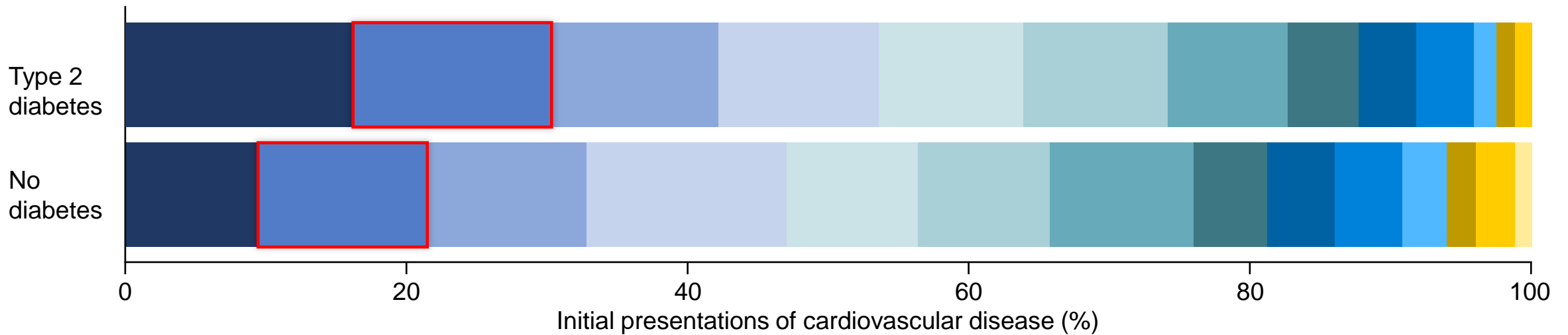
Standl E et al.

Circ Res. 2016;118:1830-1843.

Survenue des événements CV en cas de DT2

Distribution of initial presentations of cardiovascular diseases¹

- Peripheral arterial disease
- Stroke not further specified
- Unheralded coronary death
- Abdominal aortic aneurysm
- Heart failure
- Coronary disease not further specified
- Unstable angina
- Subarachnoid hemorrhage
- Stable angina
- Transient ischemic attack
- Arrhythmia or sudden cardiac death
- Non-fatal myocardial infarction
- Ischemic stroke
- Intracerebral hemorrhage



Heart failure is the second most common cardiovascular event experienced by patients with type 2 diabetes.

Rôle des FDR d'autant plus important que patients plus jeunes

5 facteurs de risque

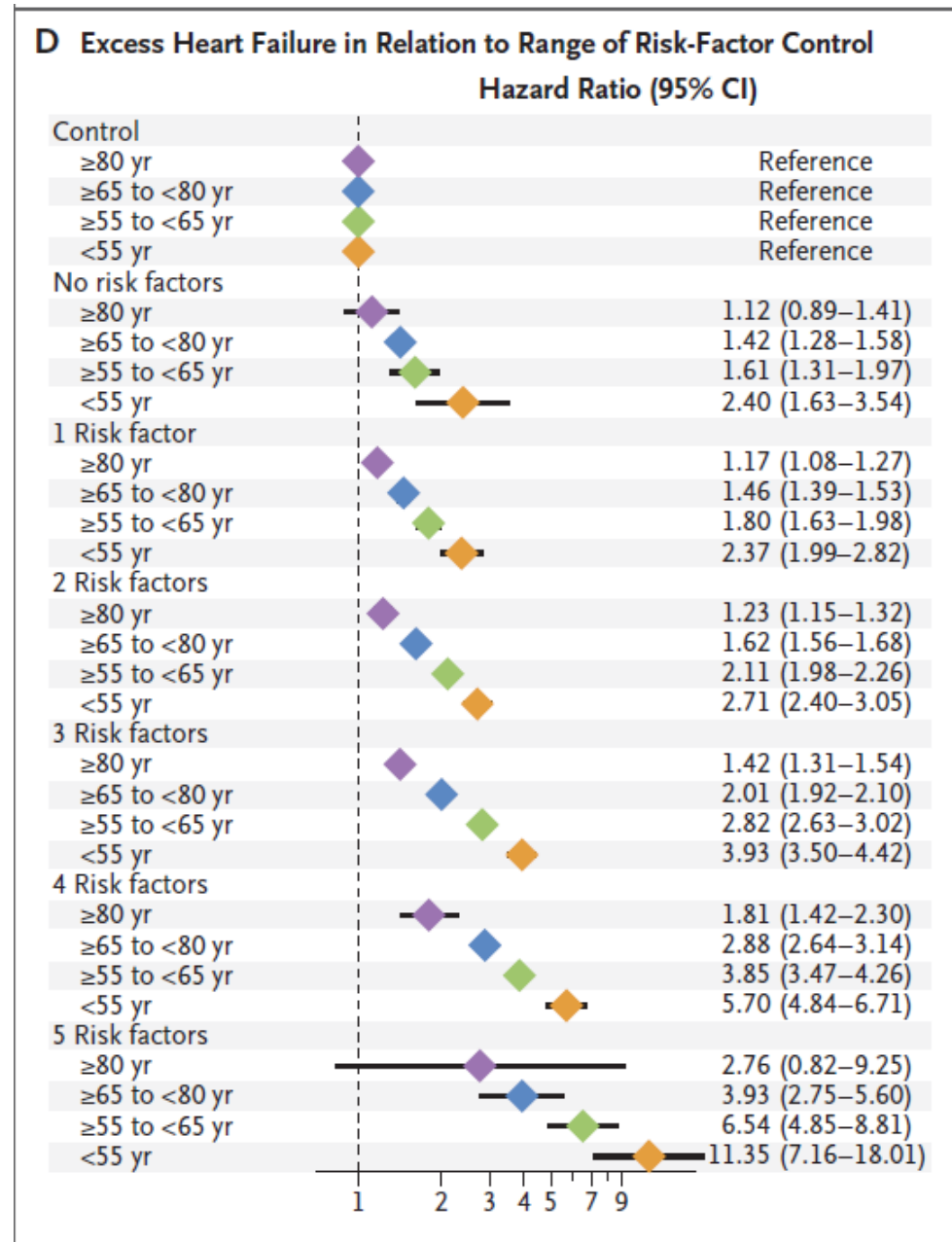
HbA1c 7%

PA 140-80 mmHg

Microalbuminurie

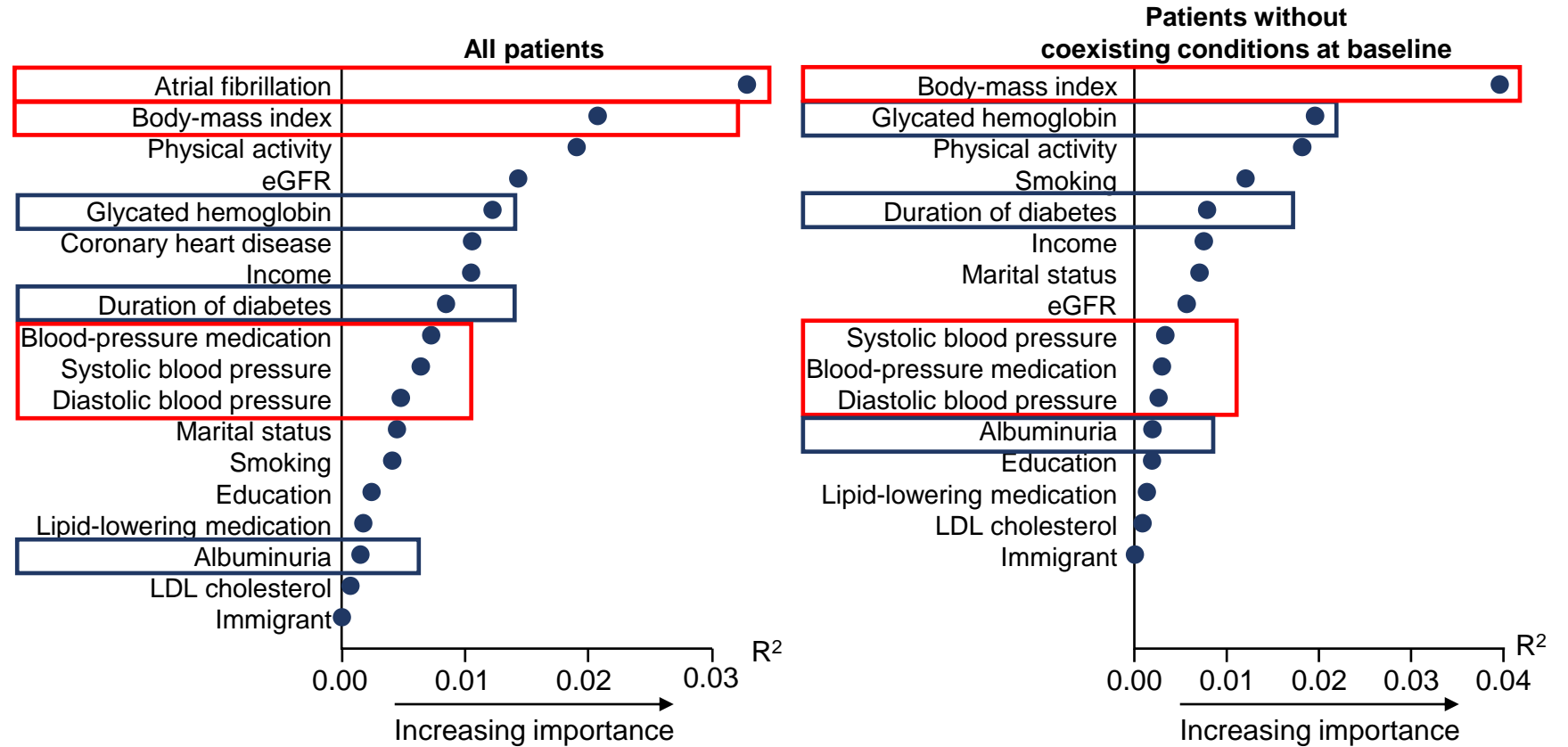
Tabac

LDL 0,97 g/l



FDR d'hospitalisation pour Insuffisance cardiaque – DT2

Diabetes-specific
CV-related

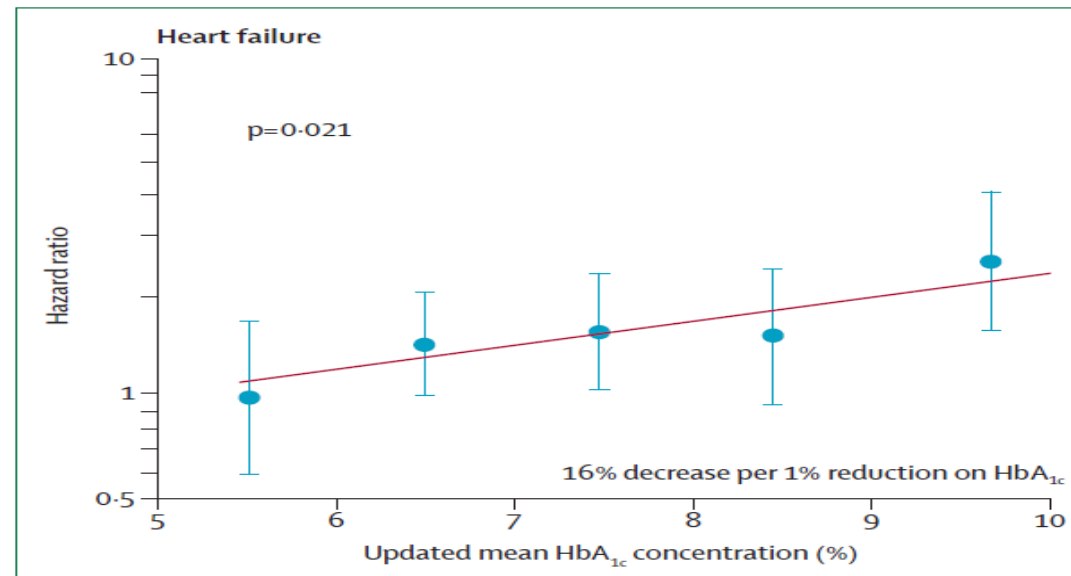


Diabète et insuffisance cardiaque : épidémiologie

Relation avec l'HbA_{1c}

Diabète de type 2 : étude UKPDS

1 % d'augmentation d'HbA_{1c} associé à 16 % de majoration incidence IC



BMJ 2000;321:405-12

Diabète de type 1

Par rapport aux pts avec HbA_{1c} < 6,5 %, les pts avec HbA_{1c} > 10,5 % :
x 4 risque de développement IC

Lancet 2011;378:140-6

SURVIE

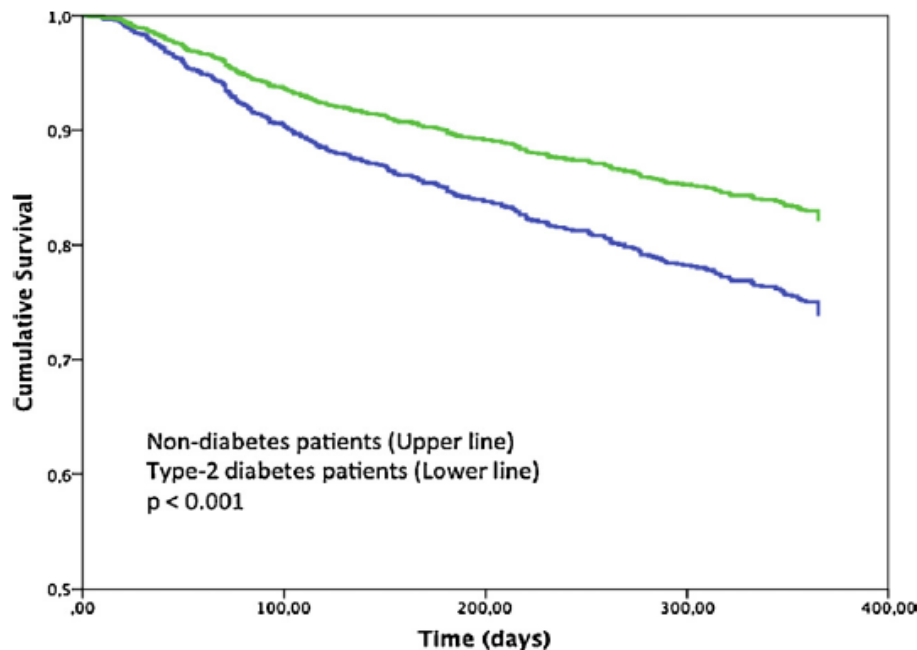


Fig. 1 – Adjusted impact on survival in heart failure patients with type-2 diabetes mellitus after discharge. Kaplan-Meier curves for patients with diabetes (lower line) and patients without diabetes (upper line). All cause mortality at 1-year: 31.3% vs. 23.0%. ($p < 0.001$).

NOUVELLE HOSPITALISATION pour IC

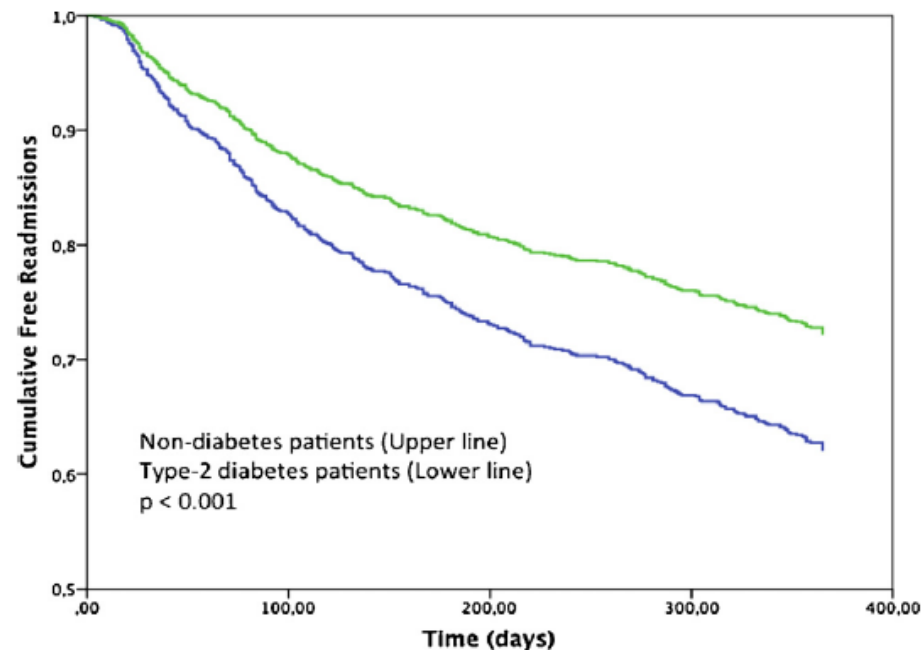
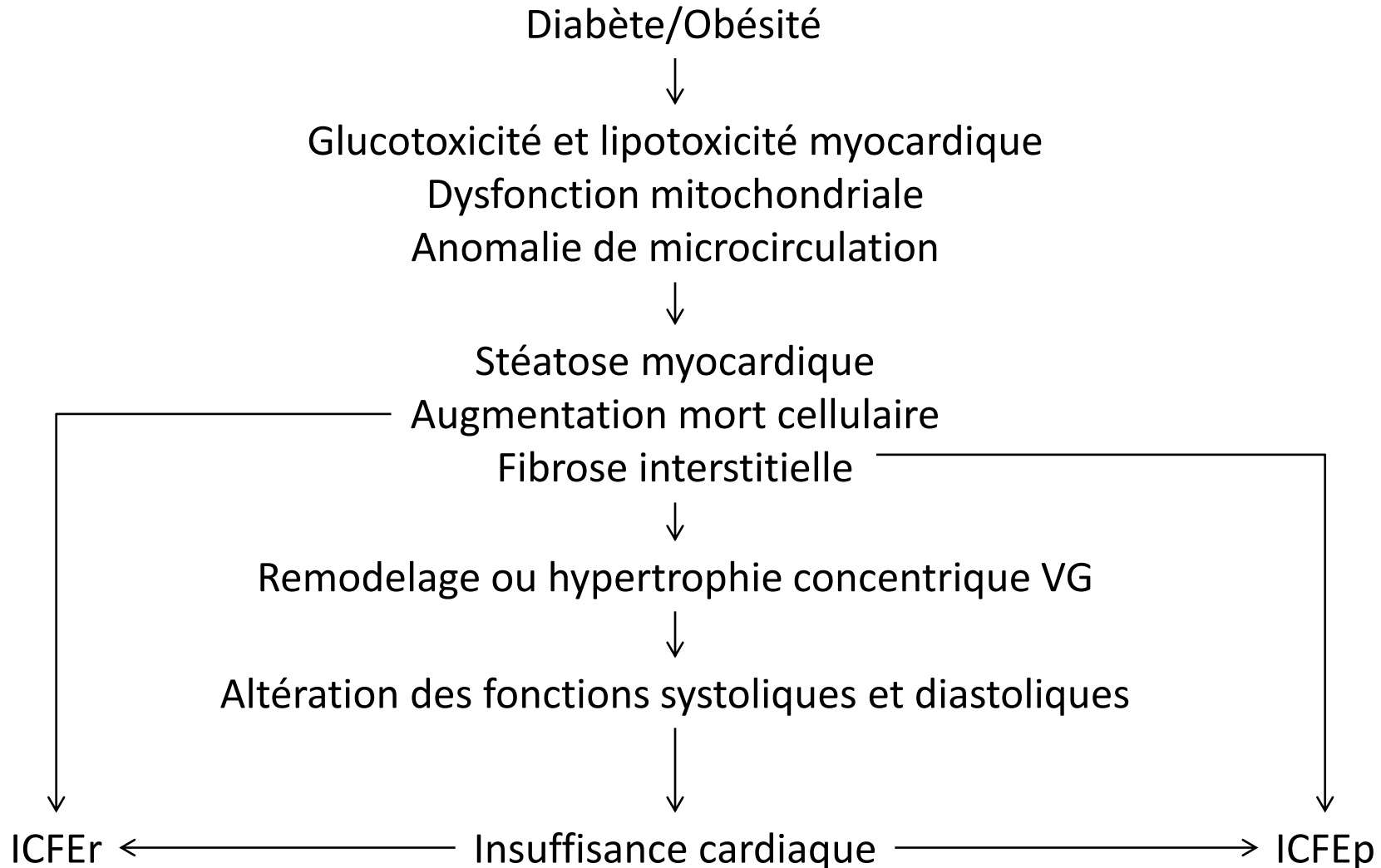


Fig. 2 – Adjusted impact on readmissions in heart failure patients with type-2 diabetes mellitus after discharge. Kaplan-Meier curves for patients with diabetes (lower line) and patients without diabetes (upper line). All cause mortality at 1-year: 40.9% vs. 31.4%. ($p < 0.001$).

Cardiomyopathie diabétique?

Cardiomyopathie diabétique

Définition : apparition d'une dysfonction VG à l'origine d'une IC chez un patient diabétique
sans coronaropathie ou cardiopathie hypertensive ou autre étiologie d'IC connue



Original article

Transthoracic echocardiographic abnormalities in asymptomatic diabetic patients: Association with microalbuminuria and silent coronary artery disease

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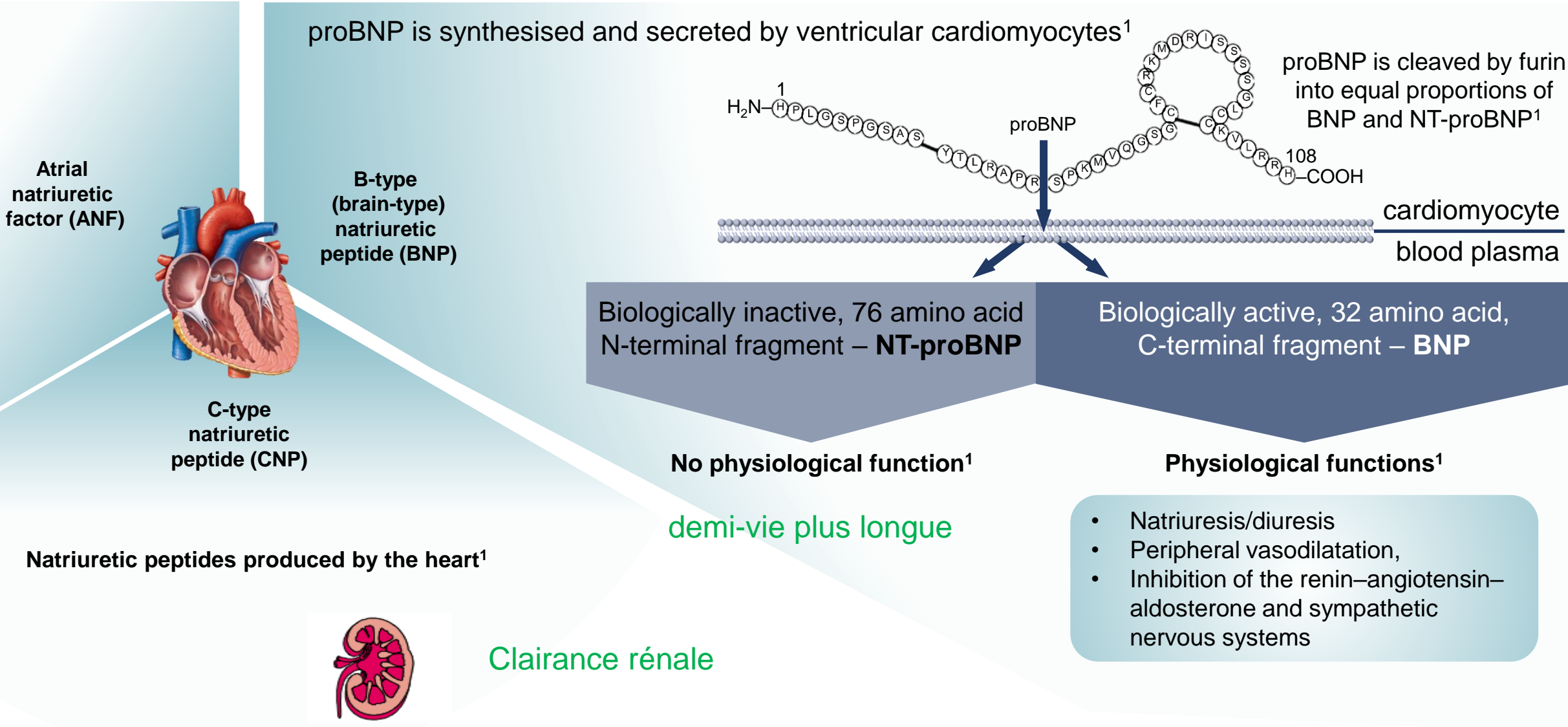
Received 12 August 2010; received in revised form 15 December 2010; accepted 16 December 2010

586 DT2 asymptomatiques
Prévention I

34% hypertrophie ventriculaire gauche
9% dilatation ventriculaire gauche
3% FE <60%
6% hypokinésie

les peptides natriurétiques

N-terminal pro-B-type natriuretic peptide (NT-proBNP)



1. Weber & Hamm. Heart. 2006;92:843-9.

Clinical correlates of elevating natriuretic peptides

A word cloud of clinical correlates of elevated natriuretic peptides. The words are arranged in a roughly rectangular shape, with varying sizes and colors (dark blue, light blue, and yellow). The most prominent word is 'heart failure' in the center. Other large words include 'atrial fibrillation', 'ischemic stroke', 'congenital heart disease', and 'cardiac surgery'. Smaller words include 'valvular heart disease', 'pericardial disease', 'sleep apnea', 'hemorrhagic stroke', 'coronary artery disease', 'burns', 'anemia', 'sepsis', 'advancing age', 'renal failure', 'critical illness', 'myocarditis', and 'toxic-metabolic insults'.

valvular heart disease
toxic-metabolic insults pericardial disease
sleep apnea congenital heart disease
renal failure advancing age anemia atrial fibrillation hemorrhagic stroke
heart failure
sepsis ischemic stroke
coronary artery disease
burns cardiac surgery
critical illness myocarditis

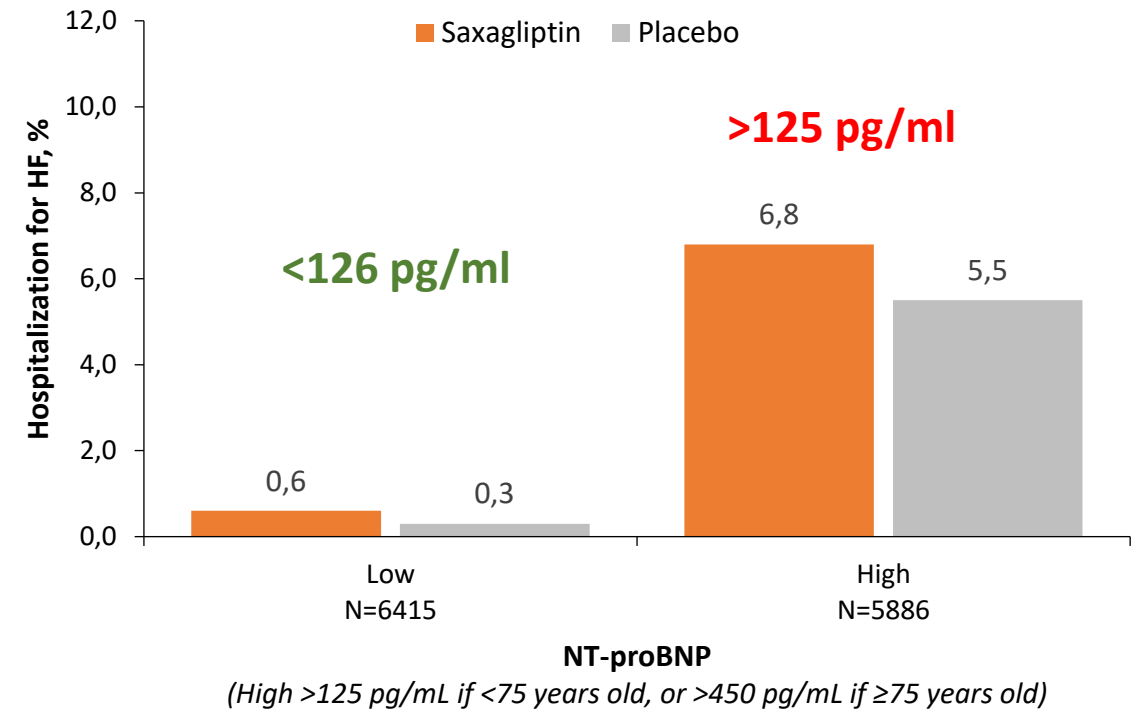
Peptides natriurétiques :
Evaluation du risque de cardiomyopathie

NTproBNP > 125 pg/ml et risque d'hospitalisation pour IC

- Randomized Phase 4 study of 16,492 patients with T2D and a history or risk of CV events
- NT-proBNP measured in 12,301 patients

- NT-proBNP cut-off of >125 pg/mL (for age <75 years) was associated with a significantly increased risk of hospitalization for HF in 12,301 patients with T2D.¹

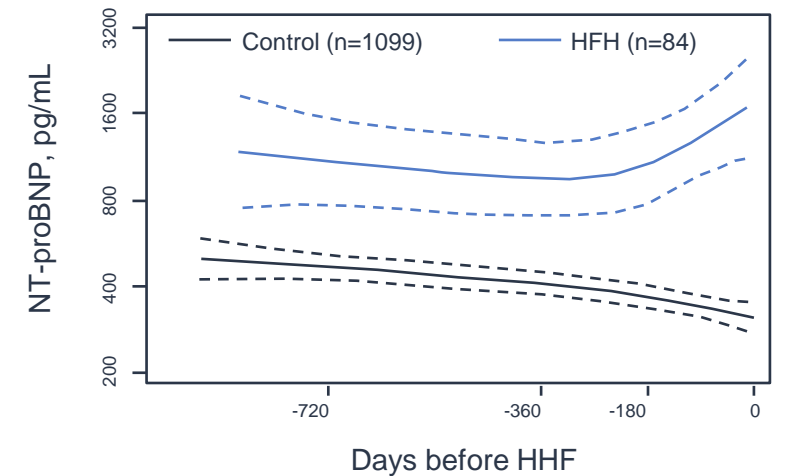
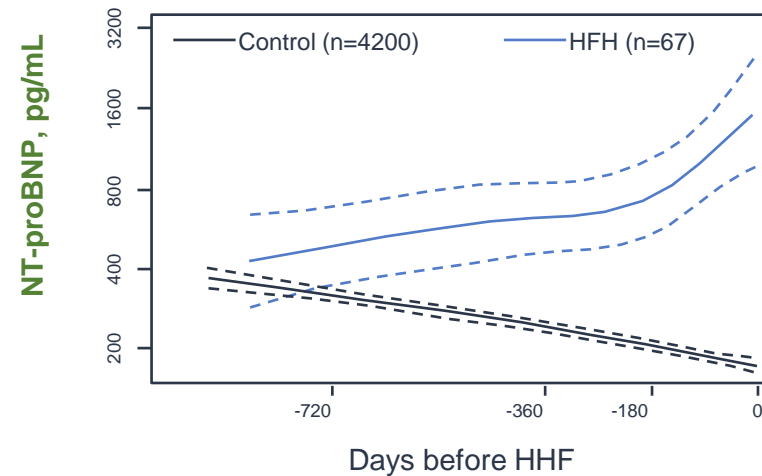
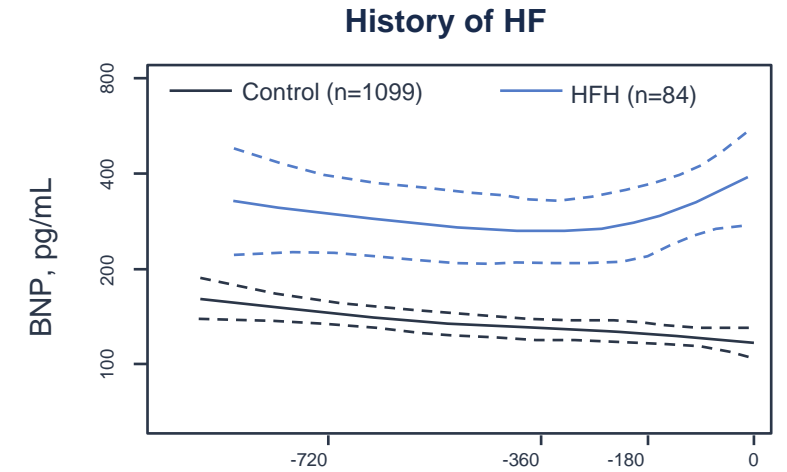
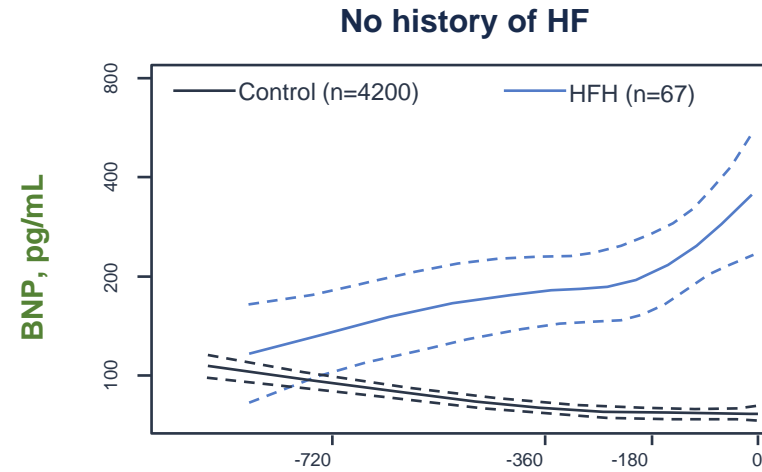
Risk of hospitalization for heart failure according to established cut-offs¹



Augmentation des **PN** avant hospitalisation pour IC

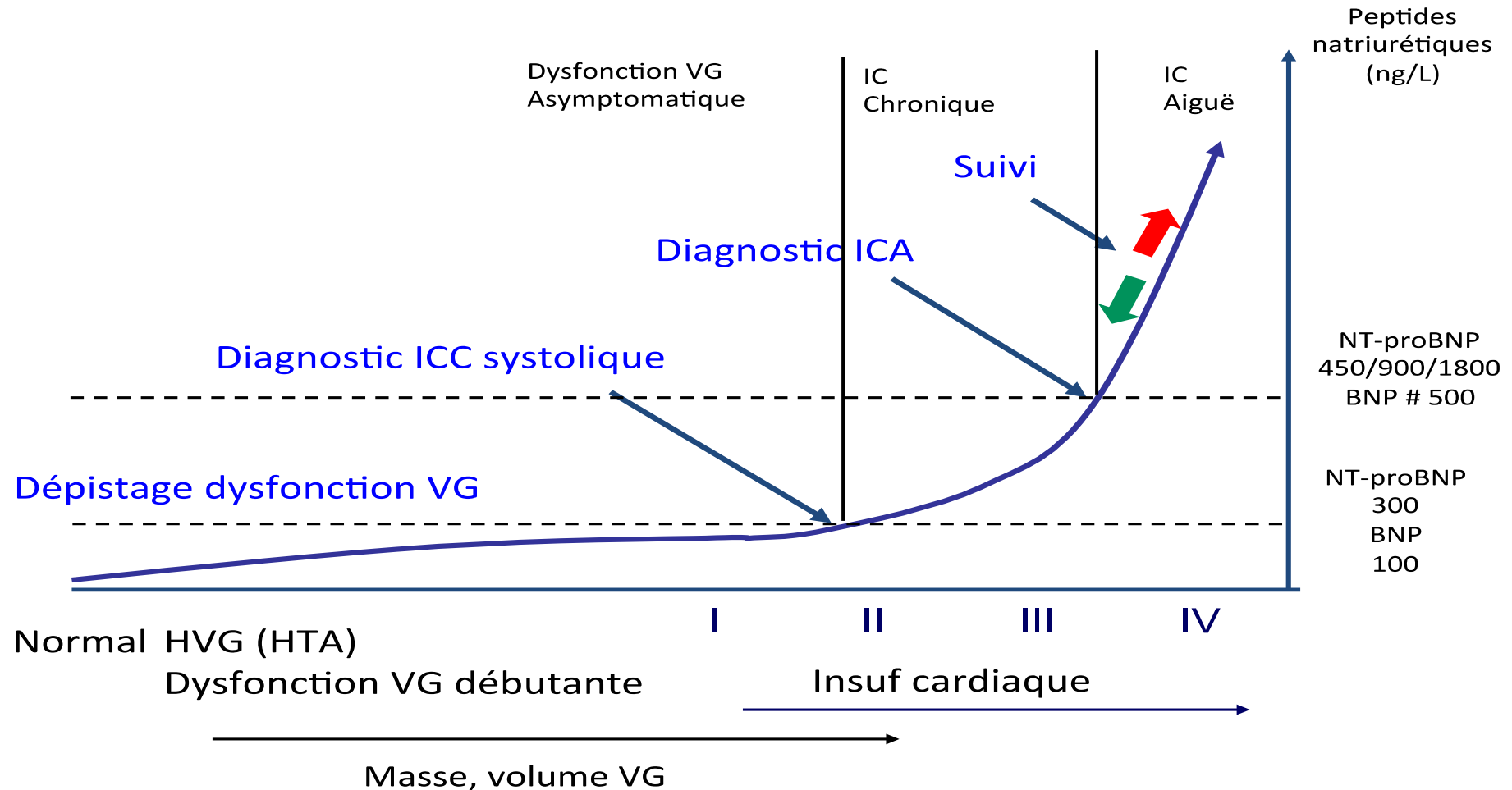
NP levels in the 6 months preceding heart failure hospitalization

- Randomized Phase 3 study
- 5450 patients with T2D with a recent coronary event, with and without history of HF
- NPs measured at baseline and at 24 weeks
- Median follow-up: 26 months



Polypeptides Natriurétiques Utilisables à tous les stades

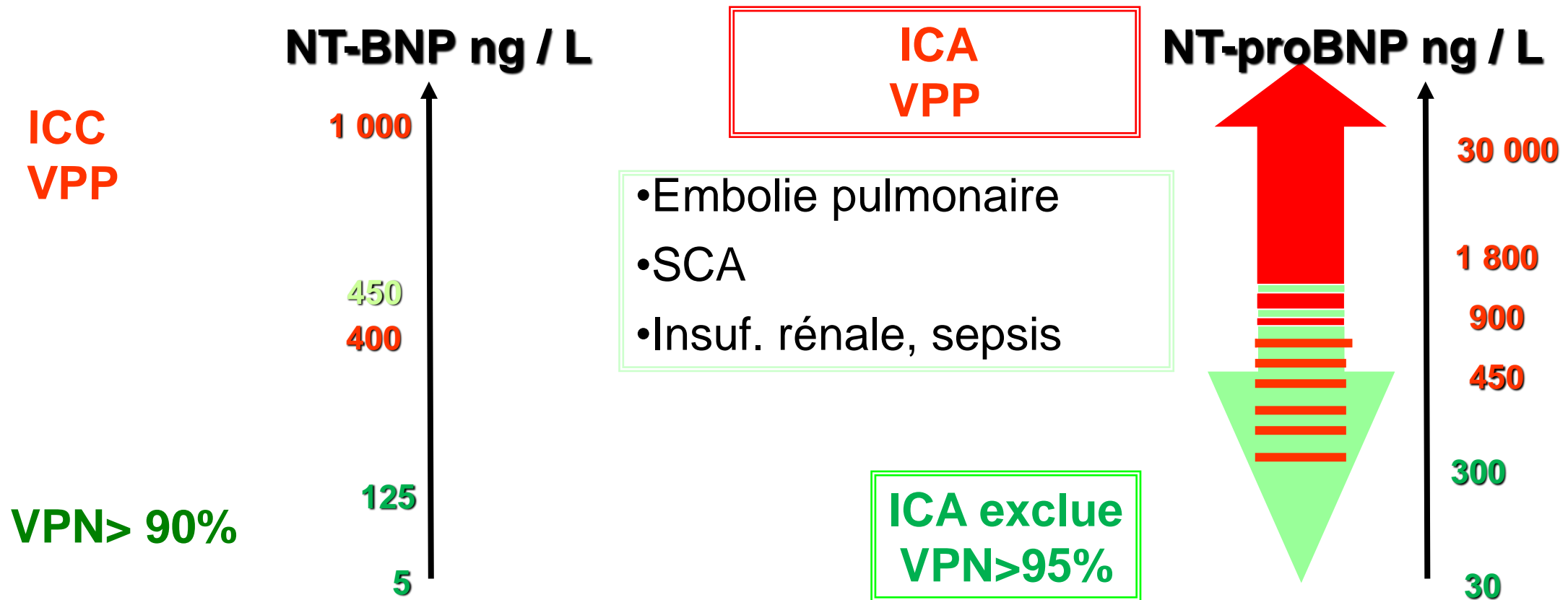
Insuffisance cardiaque, peptides natriurétiques
en pré- et post-hospitalier



Règles générales d'interprétation PN

Dysfonction VG chronique

Dyspnée aiguë



Différents seuils d'un marqueur quantitatif

*Stratégie de dépistage
de la cardiomyopathie*

PATIENT WITH SUSPECTED HF^a
(non-acute onset)

ASSESSMENT OF HF PROBABILITY

1. Clinical history:

History of CAD (MI, revascularization)
History of arterial hypertension
Exposition to cardiotoxic drug/radiation
Use of diuretics
Orthopnoea / paroxysmal nocturnal dyspnoea

2. Physical examination:

Rales
Bilateral ankle oedema
Heart murmur
Jugular venous dilatation
Laterally displaced/broadened apical beat

3. ECG:

Any abnormality

All absent

≥ 1 present

NATRIURETIC PEPTIDES

- NT-proBNP ≥ 125 pg/mL
- BNP ≥ 35 pg/mL

No

Yes

Normal^{b,c}

HF unlikely:
consider other
diagnosis

ECHOCARDIOGRAPHY

If HF confirmed (based on all available data):
determine aetiology and start appropriate treatment

Assessment
of natriuretic
peptides not routinely
done in clinical
practice



PATIENT WITH SUSPECTED HF^a
(non-acute onset)

ASSESSMENT OF HF PROBABILITY

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History of CAD (MI, revascularization)
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Assessment of natriuretic peptides not routinely done in clinical practice

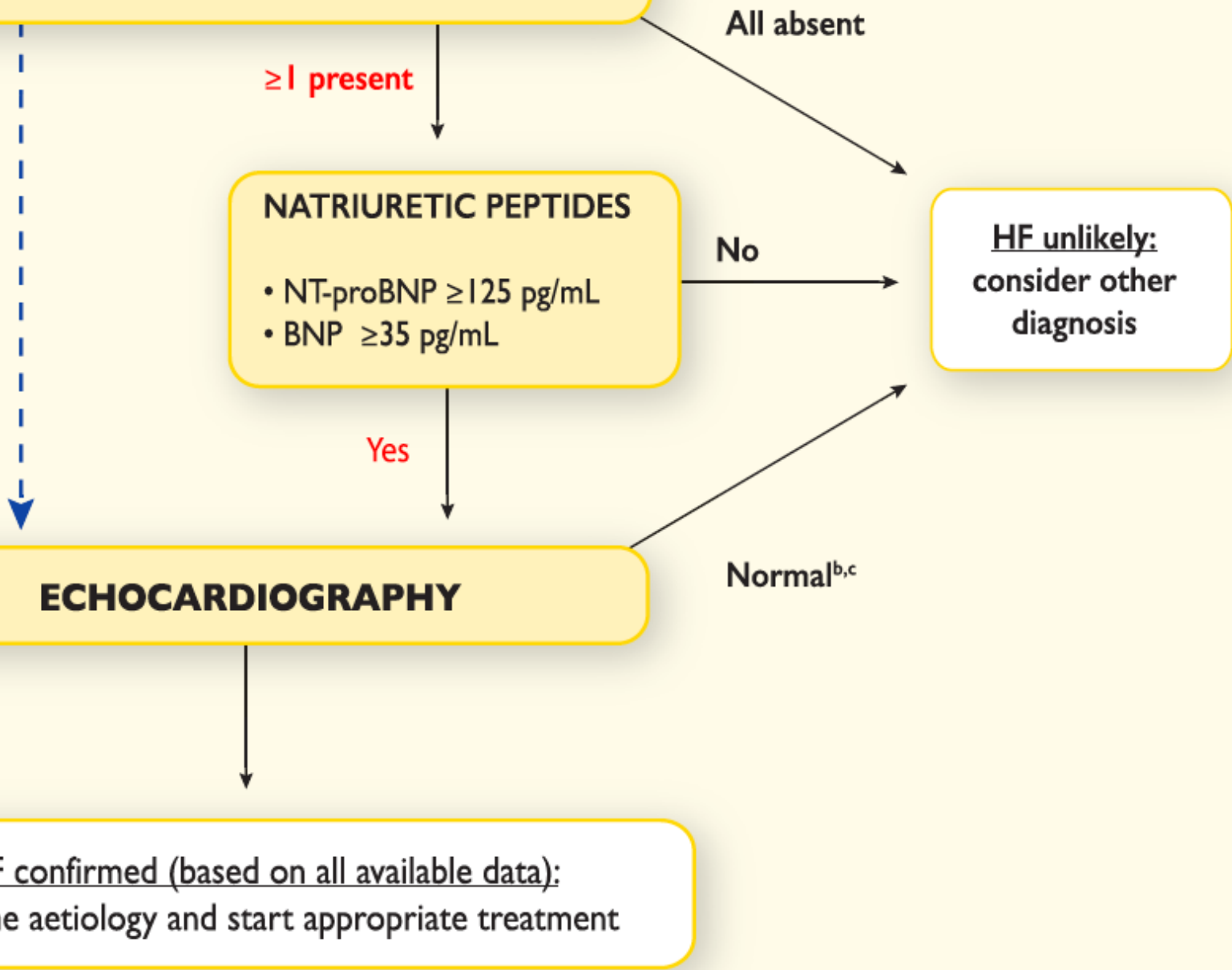


Table 12.3 Causes of elevated concentrations of natriuretic peptides^{522–524}

Cardiac	Heart failure Acute coronary syndromes Pulmonary embolism Myocarditis Left ventricular hypertrophy Hypertrophic or restrictive cardiomyopathy Valvular heart disease Congenital heart disease Atrial and ventricular tachyarrhythmias Heart contusion Cardioversion, ICD shock Surgical procedures involving the heart Pulmonary hypertension
Non-cardiac	Advanced age Ischaemic stroke Subarachnoid haemorrhage Renal dysfunction Liver dysfunction (mainly liver cirrhosis with ascites) Paraneoplastic syndrome Chronic obstructive pulmonary disease Severe infections (including pneumonia and sepsis) Severe burns Anaemia Severe metabolic and hormone abnormalities (e.g. thyrotoxicosis, diabetic ketosis)

HFpEF = heart failure with preserved ejection fraction; HFrEF = heart failure with reduced ejection fraction; ICD = implantable cardioverter defibrillator.

*Diabète : beaucoup de cas de
cardiomyopathie ignorée*

605 DT2
 60 ans+
 Clin + echo + ECG

28% des diabétiques avec IC ignorée

Newly detected heart failure (*n*=161)

No heart failure (*n*=420)

Possible cause/NYHA class	HFREF (<i>n</i> =28)	HFPEF (<i>n</i> =133)	All HF (<i>n</i> =161)
Prior myocardial infarction	13 (46.4)	24 (18.0)	37 (23.0)
Other ischaemic heart disease ^a	14 (50)	50 (37.6)	64 (39.8)
Hypertension	18 (64.3)	114 (85.7)	132 (82.0)
Hypertension with left ventricular hypertrophy	13 (46.4)	82 (61.7)	95 (59.0)
Atrial fibrillation	2 (7.1)	15 (11.3)	17 (10.6)
Other rhythm and/or conduction disturbances	3 (10.7)	5 (3.8)	8 (5.0)
Valvular disease	8 (28.6)	30 (22.6)	38 (23.6)
Diabetic cardiomyopathy	12 (42.9)	36 (27.1)	48 (29.8)
Chronic obstructive pulmonary disease	5 (17.9)	9 (6.8)	14 (8.7)
Other	3 (10.7)	9 (6.8)	12 (7.5)
NYHA class			
II	22 (78.6)	98 (73.7)	120 (74.5)
III	4 (14.3)	35 (26.3)	39 (24.2)
IV	2 (7.1)	0	2 (1.2)

Détection d'une dysfonction ventriculaire gauche par le NT-proBNP chez les diabétiques de type 2 : étude SICA-Diabetes

Population : 1224 patients, non insuffisants cardiaques ou rénaux

Echocardiographie des patients avec NT-proBNP > 500 pg/mL

- | | | |
|---|------|-----------------------------|
| - dysfonction systolique VG (FE < 50 %) : | 24 % | |
| - dilatation OG (DOG > 38 mm) : | 78 % | } Dysfonction diastolique ? |
| - HTAP (PAPS > 40 mmHg) : | 30 % | |

Metab-Heart : résultats 2022

PATIENT WITH SUSPECTED HF^a
(non-acute onset)

ASSESSMENT OF HF PROBABILITY

1. Clinical history:
History of CAD (MI, revascularization)
History of arterial hypertension
Exposition to cardiotoxic drug/radiation
Use of diuretics
Orthopnoea / paroxysmal nocturnal dyspnoea

2. Physical examination:
Rales
Bilateral ankle oedema
Heart murmur
Jugular venous dilatation
Laterally displaced/broadened apical beat

3. ECG:
Any abnormality

3,6% avec deux SC (n=8)

5 NT proBNP normal

14,3% :
échographie
indiquée (n=32)

12% avec NT proBNP > 125 pg/ml

≥ 1 present

All absent

No

Normal^{b,c}

Yes

Assessment of natriuretic peptides not routinely done in clinical practice

NATRIURETIC PEPTIDES

- NT-proBNP ≥ 125 pg/mL
- BNP ≥ 35 pg/mL

HF unlikely: consider other diagnosis

ECHOCARDIOGRAPHY

If HF confirmed (based on all available data):
determine aetiology and start appropriate treatment

Participants :

213 personnes vivant avec un diabète fin 2022

Asymptomatiques

Prévention I

*Peptides natriurétiques :
Evaluation du risque CV*

Original Article: Complications

N-terminal pro-B-type natriuretic peptide: an independent marker for coronary artery disease in asymptomatic diabetic patients

E. Cosson, M. T. Nguyen, I. Pham*, M. Pontett†, A. Nitenberg* and P. Valensi

AP-HP, Jean Verdier Hospital, Department of Endocrinology-Diabetology-Nutrition and Paris-Nord University, CRNH-IdF, Bondy, France, *AP-HP, Jean Verdier Hospital, Department of Physiology, and Paris-Nord University, Bondy, France, and †AP-HP, Jean Verdier Hospital, Laboratory of Biochemistry, Bondy, France

Accepted 18 June 2009

Pronostic selon le NT-proBNP chez les diabétiques de type 2 : étude SICA-Diabetes

Population : 1224 patients, non insuffisants cardiaques ou rénaux

NT-proBNP (pg/mL)	< 50	50-125	125-250	250-500	> 500
Patients (%)	451 (37)	424 (34)	212 (17)	83 (7)	54 (4)
Evènement CV 436 j (%)	8%	8%	13%	19%	28%
Mortalité (%)	0,6%	0,6%	1,2%	3,9%	9,8%

NT-proBNP prédit mieux que l'HbA1c les événements CV chez les diabétiques de type 2

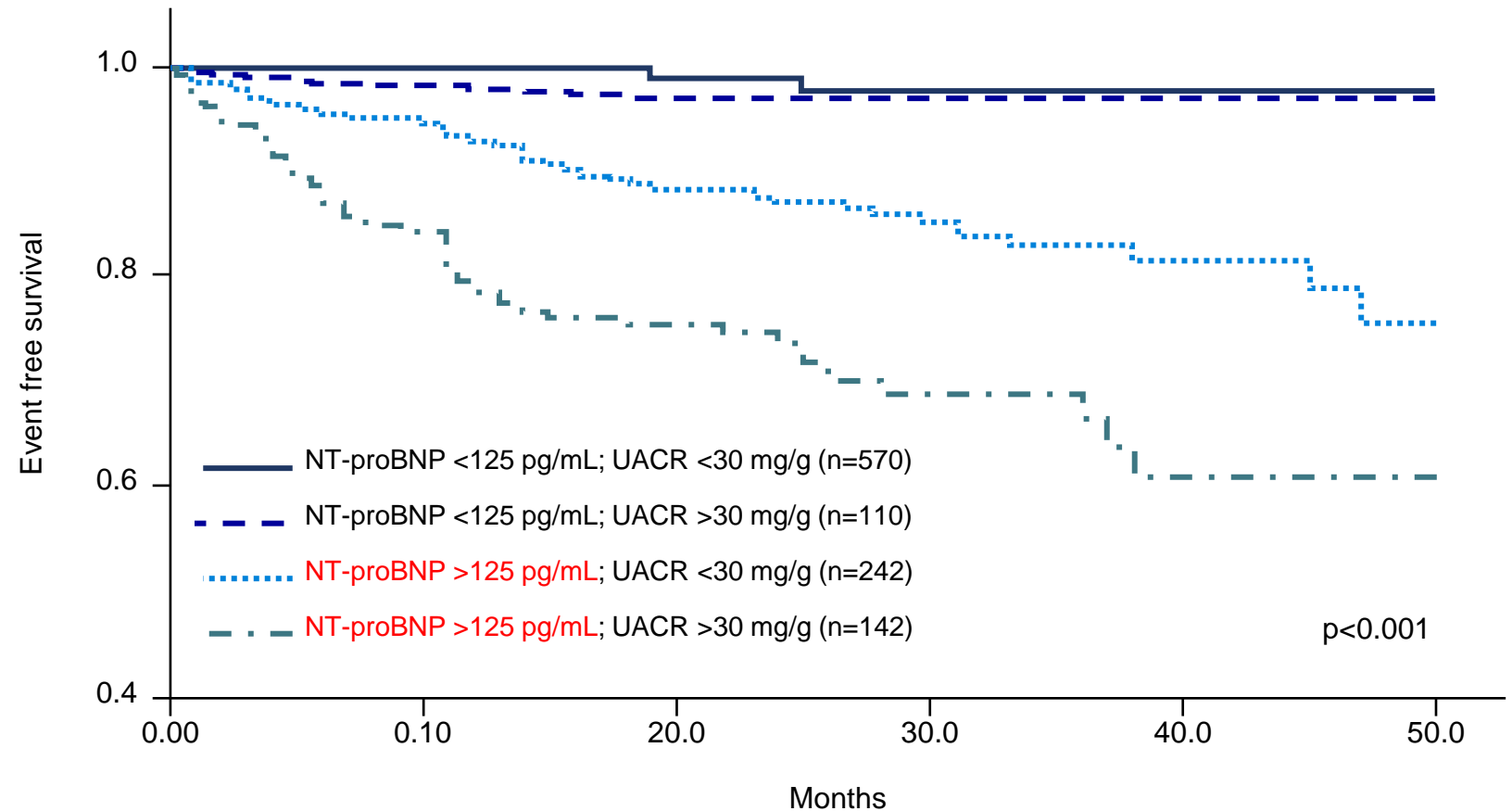
- Prospective observational study
- 544 patients with diabetes
- NT-proBNP and HbA1c measured at baseline and after 1 year with mean follow-up 40 months
- Endpoints: all-cause mortality and hospitalizations for all-causes, cardiac and CV events

Endpoints	NT-proBNP			HbA1c		
	HR	CI	p	HR	CI	p
<i>Baseline values</i>						
All-cause mortality	1.0010	1.0005–1.0014	<0.001	1.0028	0.7415–1.3562	n.s.
Cardiac hospitalization	1.0007	1.0003–1.0011	<0.001	1.2517	1.0131–1.3609	0.038
CV-hospitalization	1.0006	1.0003–1.0009	<0.001	1.1393	0.9538–1.3609	n.s.
All-cause hospitalization	1.0004	1.0001–1.0007	0.003	1.2028	1.0573–1.3684	0.005
<i>Absolute change</i>						
All-cause mortality	0.9994	0.9987–1.0002	n.s.	0.8818	0.6089–1.2770	n.s.
Cardiac hospitalization	0.9983	0.9977–0.9990	<0.001	1.2872	0.9992–1.6583	n.s.
CV-hospitalization	0.9987	0.9981–0.9994	0.003	1.1069	0.8872–1.3809	n.s.
All-cause hospitalization	0.9991	0.9986–0.9996	<0.001	1.0852	0.9514–1.2378	n.s.

NT-proBNP prédit avec l'albuminurie les événements CV chez les diabétiques de type 2

- Prospective observational study
- 1071 patients with diabetes
- NT-proBNP and albuminuria measured at baseline
- Primary endpoint: unplanned hospitalization for cardiac event or death
- Mean follow-up: 33.1 months

Kaplan-Meier curves for the risk of CV events with different concentrations of NT-proBNP and with or without albuminuria[‡]

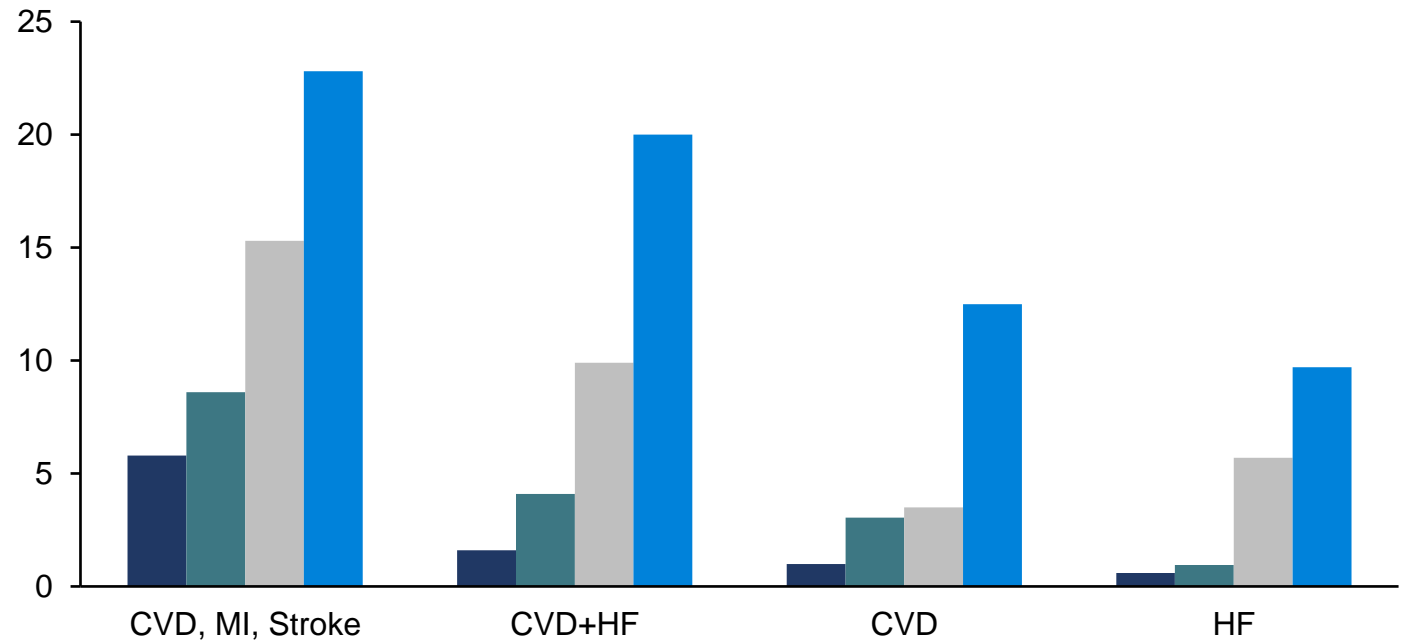


Evolution NT-proBNP et risque CV

- Randomized Phase 3 study
- 5224 patients with T2D and CAD
- NT-proBNP measured at baseline and at 6 months
- Primary endpoint: CV death or hospitalization for HF
- Median follow-up 597 days

Rates for CV outcomes at 24 months* stratified by change in NT-proBNP category (high/low) between baseline and 6 months

■ Low-Low (n=1966) ■ High-Low (n=917) ■ Low-High (n=141) ■ High-High (n=1258)





ESC

European Society
of CardiologyEuropean Heart Journal (2020) 41, 255–323
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ESC GUIDELINES



2019 ESC Guidelines on diabetes, pre-diabetes, and cardiovascular diseases developed in collaboration with the EASD

The Task Force for diabetes, pre-diabetes, and cardiovascular
diseases of the European Society of Cardiology (ESC) and the
European Association for the Study of Diabetes (EASD)

Recommendations for the use of laboratory testing for CV risk assessment in asymptomatic patients with diabetes

Recommendation	Class of recommendation	Level of evidence
Routine assessment of <u>circulating biomarkers</u> is <u>not recommended</u> for CV risk stratification	III	B

The addition of circulating biomarkers for cardiovascular risk assessment has limited clinical value; however, the potential role of NT-proBNP is acknowledged within the guidelines

Implications thérapeutiques

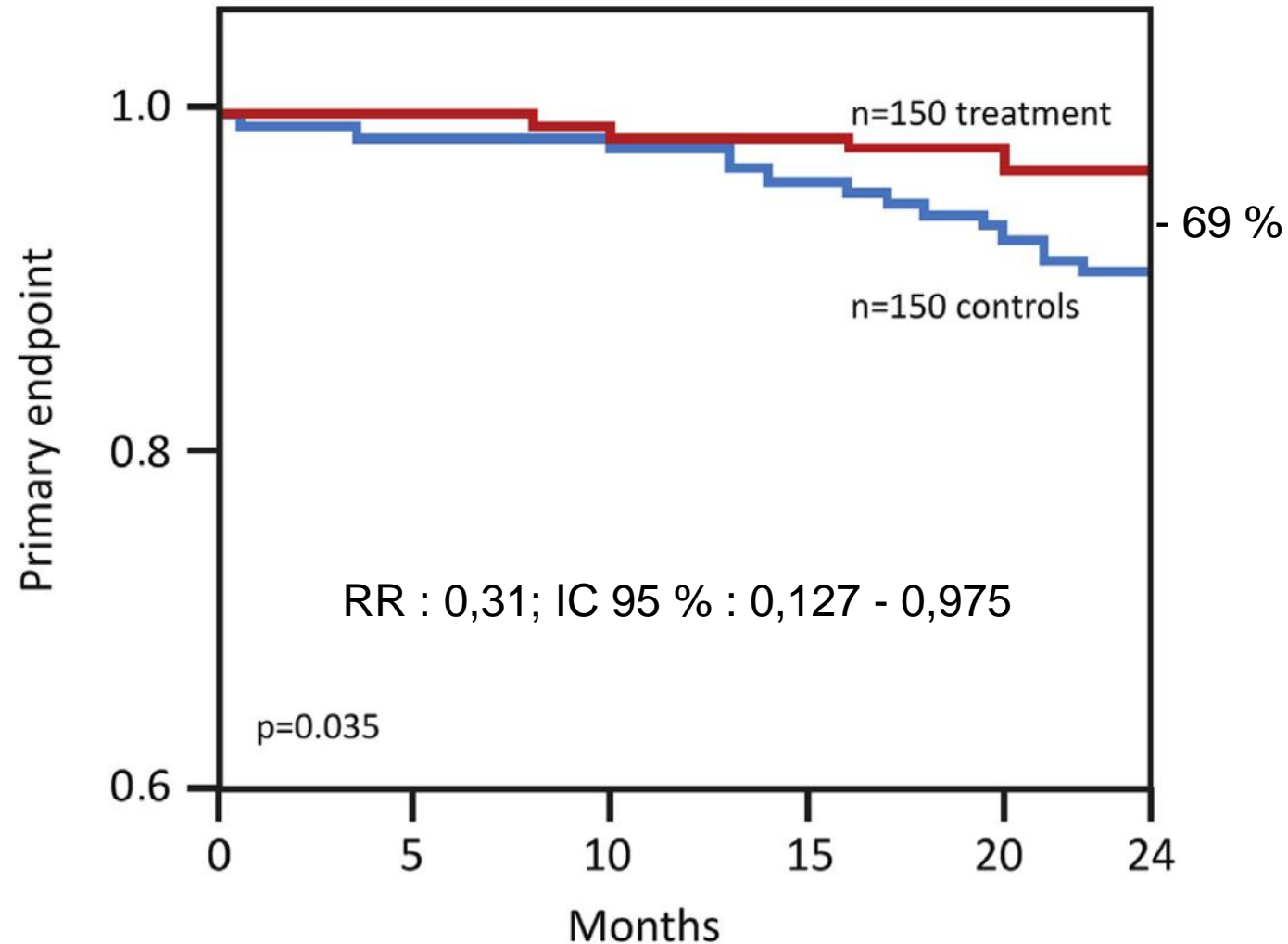
Sélection pour des interventions médicamenteuses

Sélection des diabétiques de type 2 à risque par le NT-proBNP et prévention des évènements cardiaques : essai PONTIAC

Résultats

Critère de jugement : hospitalisations et décès de causes cardiaques à 2 ans

- NT-proBNP > 125 pg/mL
- Absence de maladie cardiaque



Red line = intensified group. Blue line = control group

PONTIAC II

 U.S. National Library of Medicine

ClinicalTrials.gov

Study in progress

NT-proBNP selected prevention of cardiac events in a population of diabetic patients without a history of cardiac disease (Pontiac II); prospective randomised trial

Dr Martin Huelsmann, Medical University of Vienna

- Ongoing study to confirm findings of PONTIAC I in a larger patient cohort, with participants from Austria, Spain, the Netherlands, UK and New Zealand
- Eligible patients: Patients with T2D without known history or signs of cardiac disease

Study objective: To assess the superiority of high dose treatment with RAS antagonists and β -blockers compared to conventional therapy to reduce unplanned cardiac hospitalization or cardiac death in type 2 diabetes patients with NT-proBNP >125 pg/mL

ADOPT study

NIH U.S. National Library of Medicine
ClinicalTrials.gov



Study in progress

Asian Diabetes Outcomes Prevention Trial (ADOPT); prospective randomised control trial

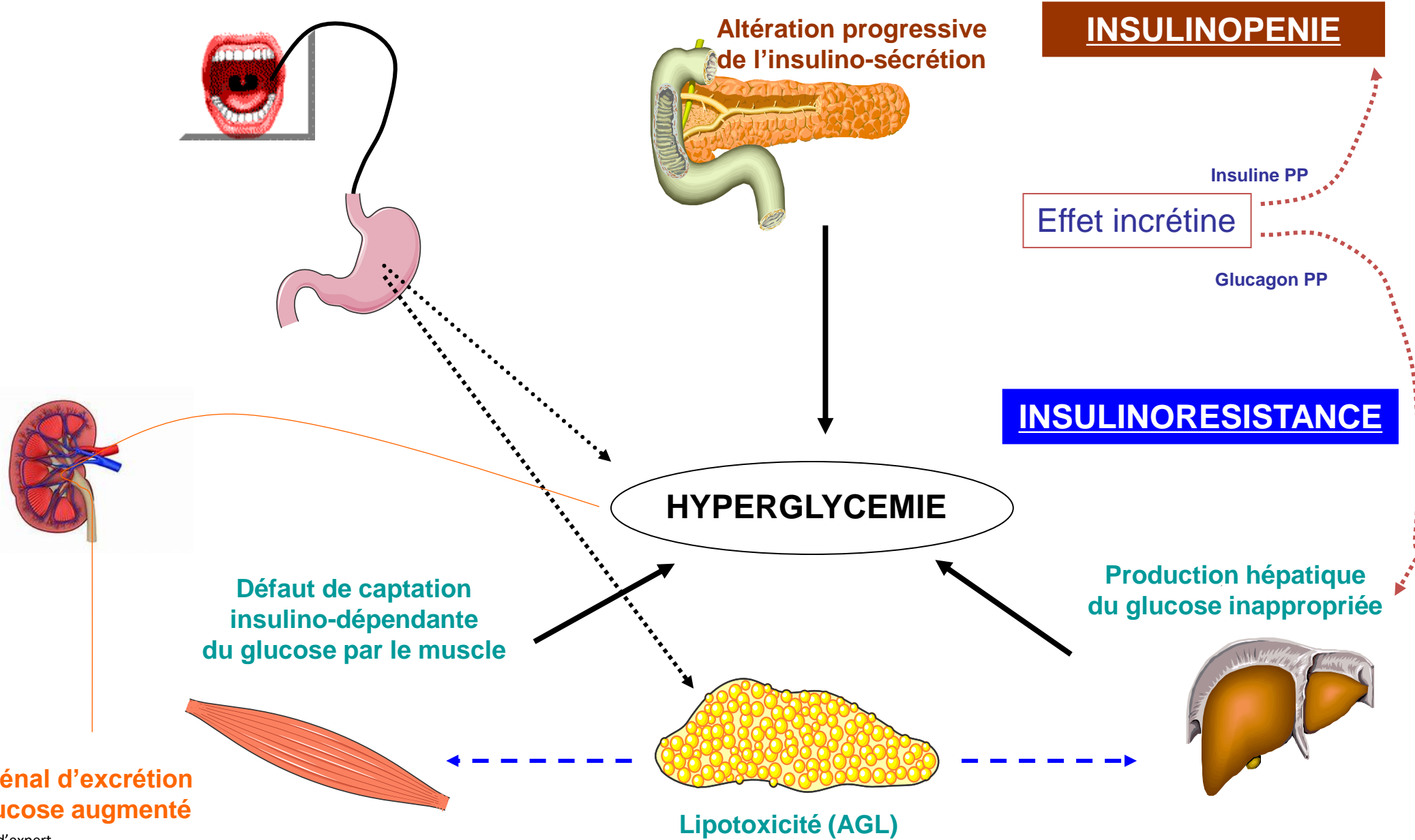
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Senior Consultant Cardiologist, National Heart Centre Singapore
Professor, Duke-National University of Singapore
Director, Clinical & Translational Research Office at NHCS
Rosalind Franklin Fellow, University Medical Centre Groningen

Study objective: To assess whether intensive preventive therapy (high-dose RAS inhibitors, β -blockers and SGLT2 inhibitors) may be associated with reduced CV events compared with standard of care among high-risk type 2 diabetes patients (NT-proBNP >125 pg/mL) without pre-existing CVD

Implications thérapeutiques

- 1. Sélection pour des interventions médicamenteuses**
- 2. iSGLT2 : nouvelle classe thérapeutique dans le DT2**

Pathogénie du diabète de type 2



Seuil rénal d'excrétion du glucose augmenté

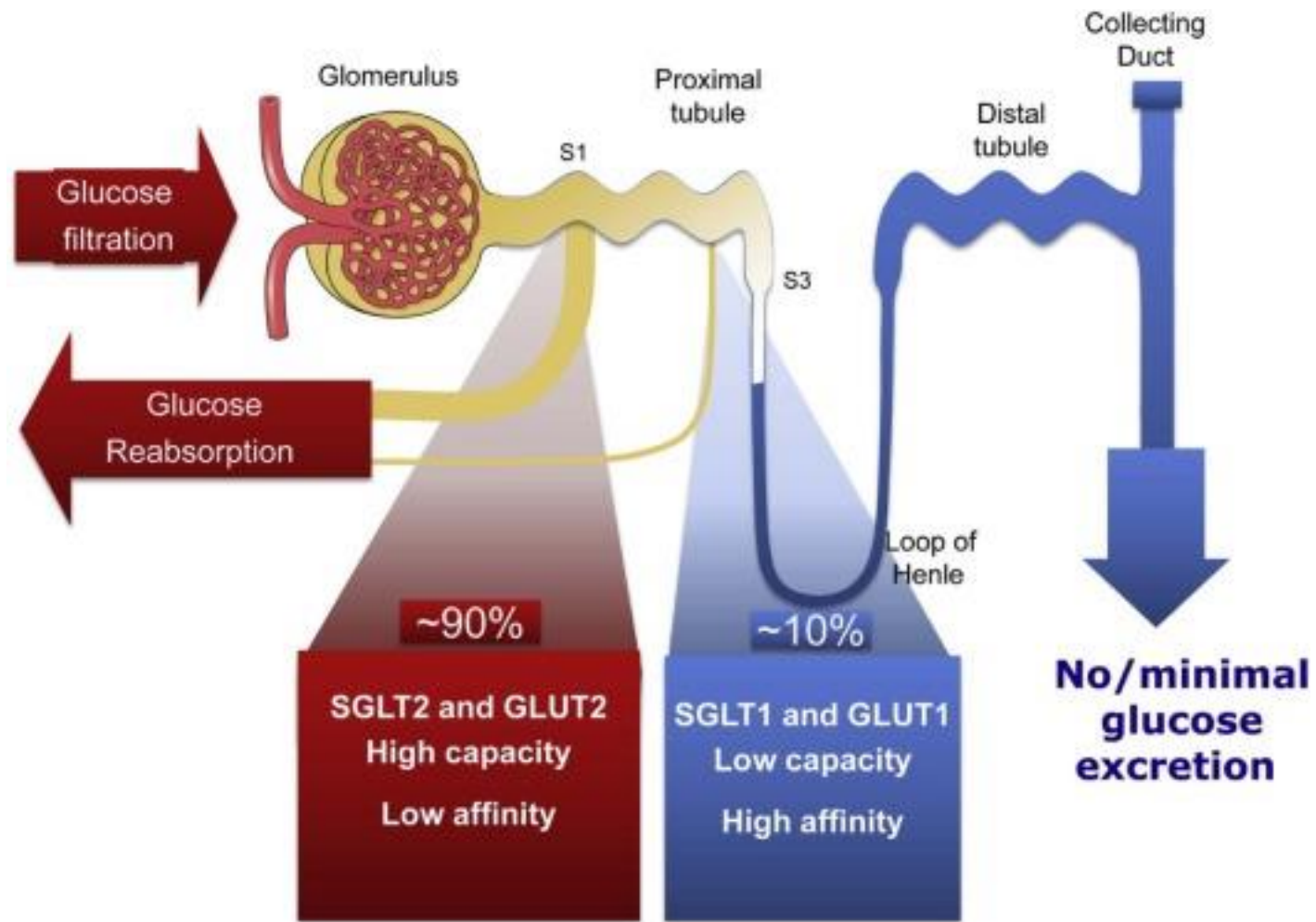


Figure 1. Renal glucose handling under healthy conditions

Inhibiteurs des SGLT2

Améliorent le contrôle glycémique en réduisant la réabsorption rénale du glucose du filtrat glomérulaire vers la circulation générale

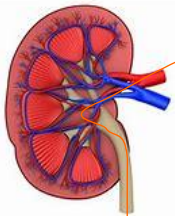
Efficacité HbA1c dépendante de glycémie

Bénéfice CV

Diminution IC

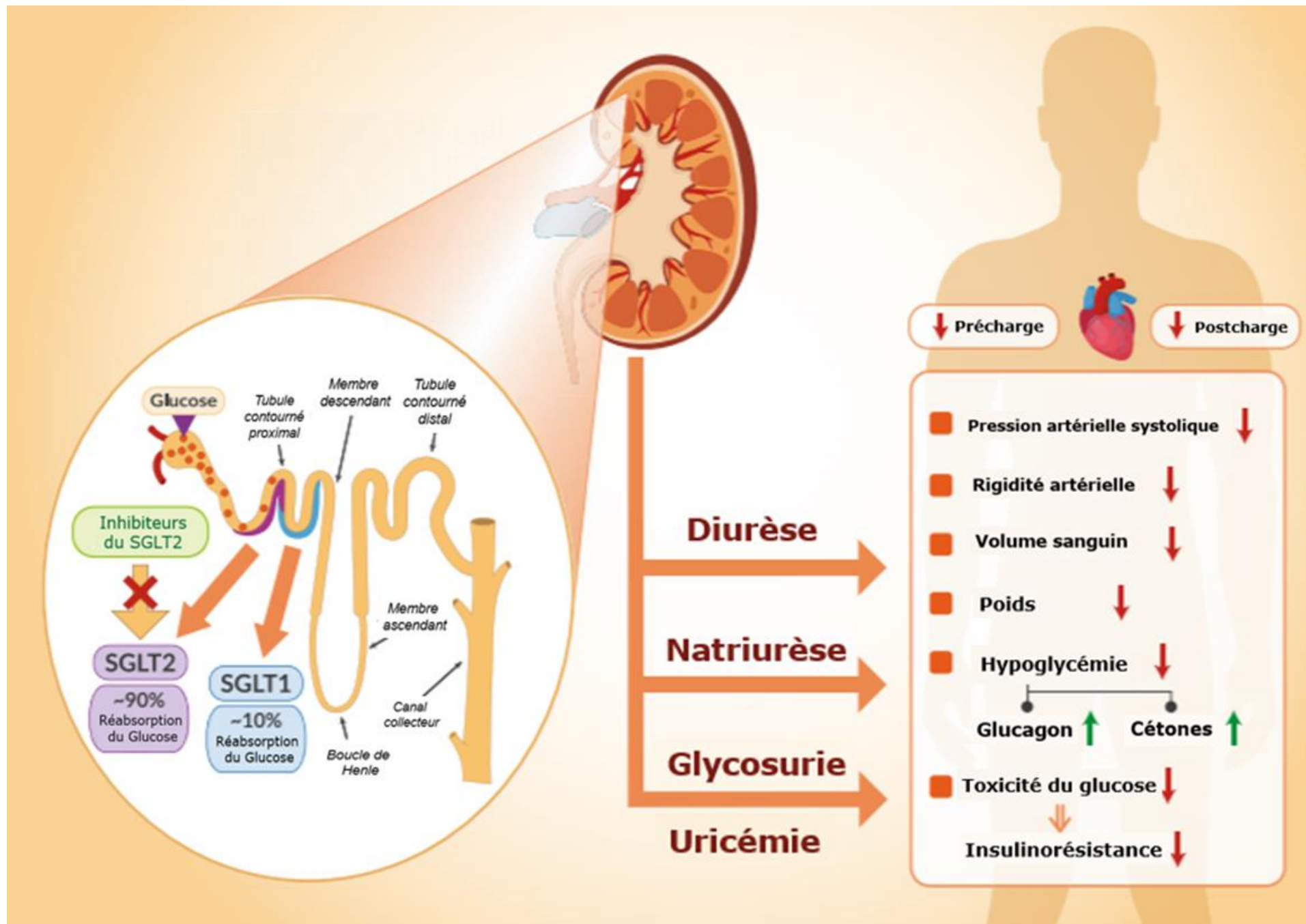
Néphroprotection

Diminution poids, PA



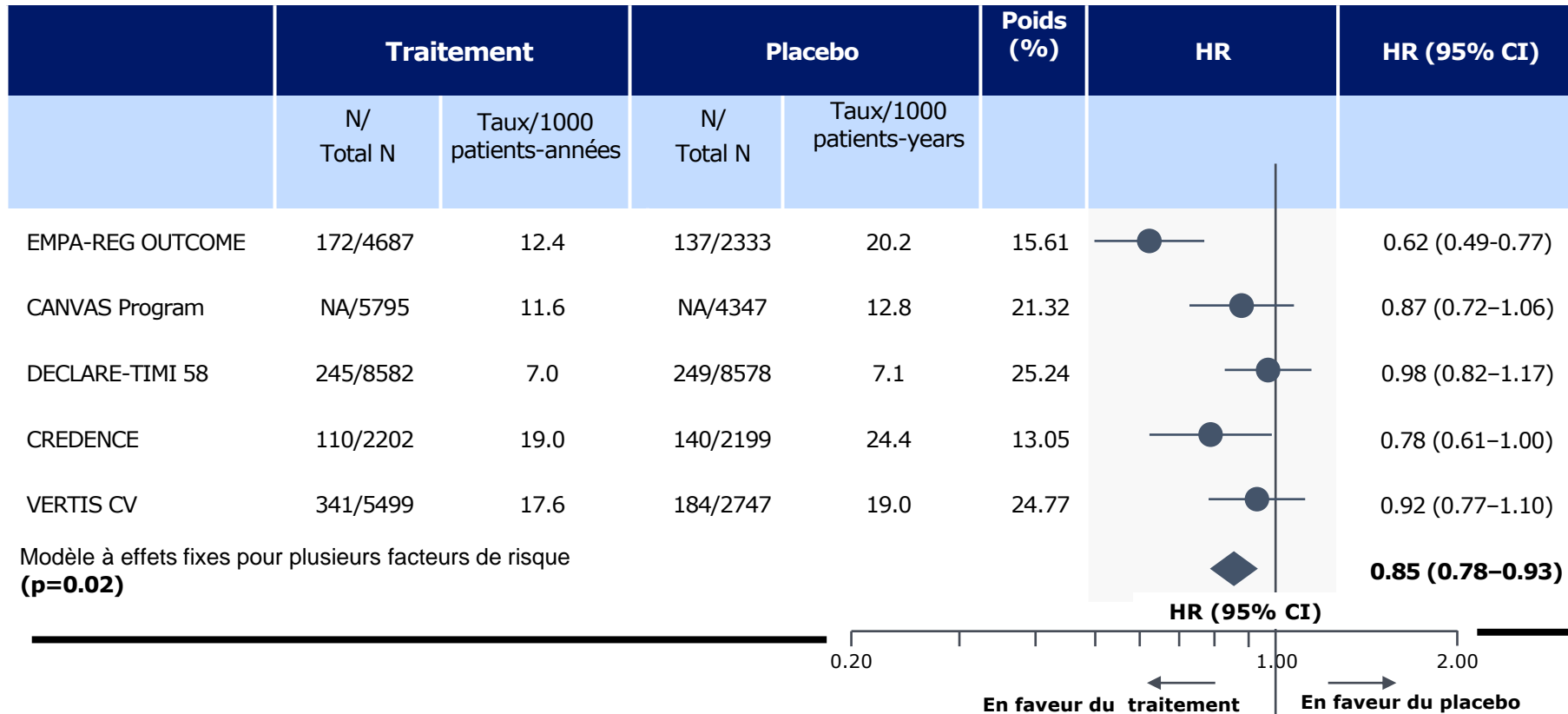
HYPERGLYCEMIE

**Seuil rénal d'excrétion
du glucose augmenté**



Méta-analyse des études de sécurité CV portant sur les iSGLT-2

Décès d'origine cardiovasculaire



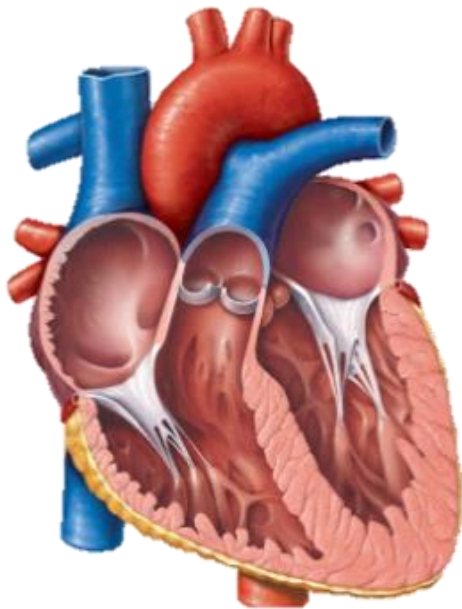
10H15
11H00

Atelier organisé par Roche

Salle 351



UTILISATION DU NT-PROBNP DANS LA DÉTECTION PRÉCOCE ET LE SUIVI D'UNE ATTEINTE CARDIAQUE CHEZ LES PATIENTS DIABÉTIQUES DE TYPE 2



Cardiomyopathie et diabète

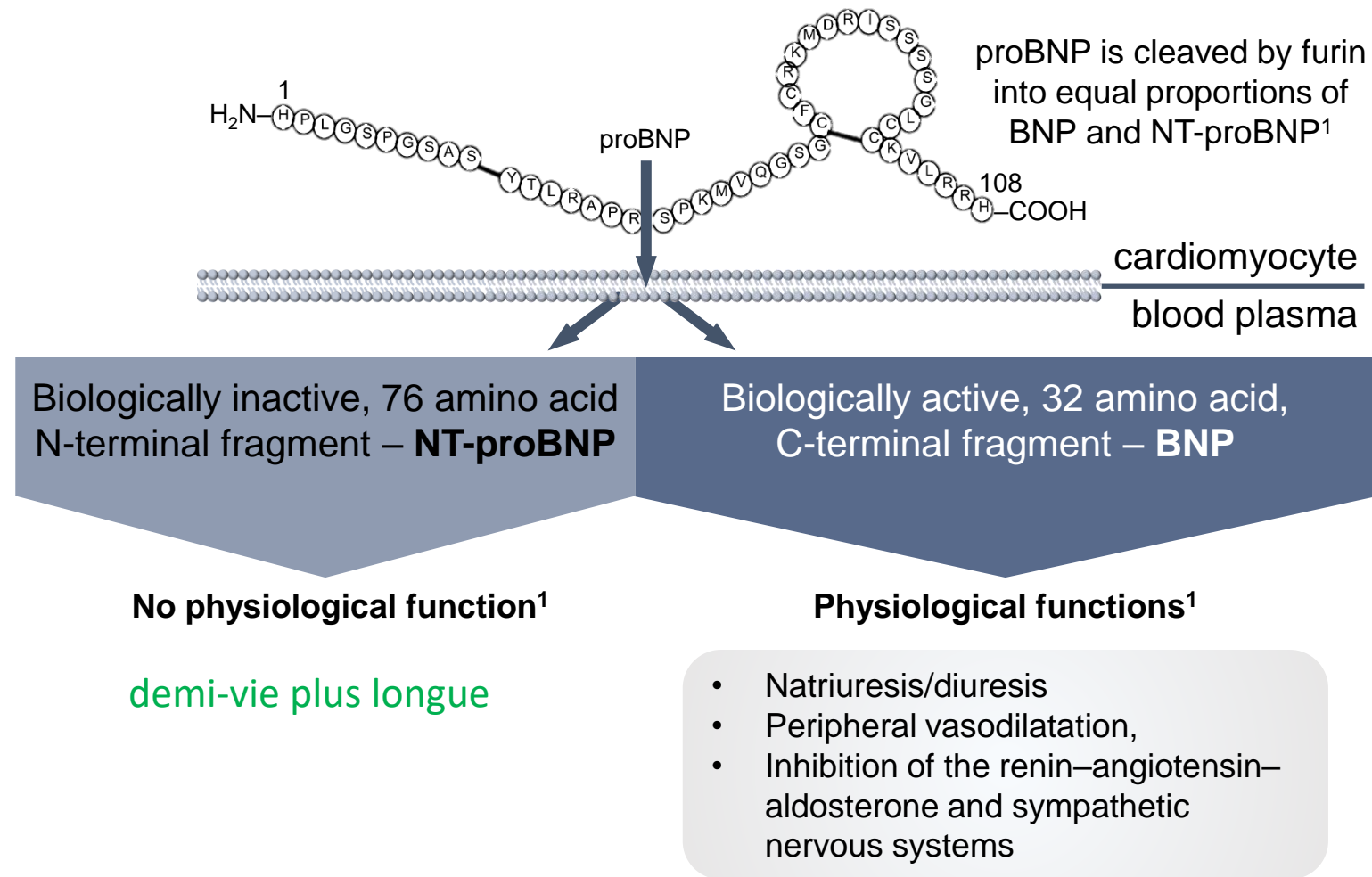
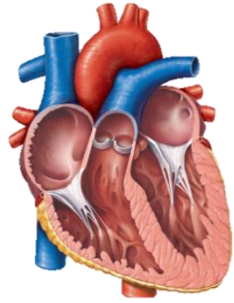


Table 12.3 Causes of elevated concentrations of natriuretic peptides^{522–524}

Cardiac	Heart failure Acute coronary syndromes Pulmonary embolism Myocarditis Left ventricular hypertrophy Hypertrophic or restrictive cardiomyopathy Valvular heart disease Congenital heart disease Atrial and ventricular tachyarrhythmias Heart contusion Cardioversion, ICD shock Surgical procedures involving the heart Pulmonary hypertension
Non-cardiac	Advanced age Ischaemic stroke Subarachnoid haemorrhage Renal dysfunction Liver dysfunction (mainly liver cirrhosis with ascites) Paraneoplastic syndrome Chronic obstructive pulmonary disease Severe infections (including pneumonia and sepsis) Severe burns Anaemia Severe metabolic and hormone abnormalities (e.g. thyrotoxicosis, diabetic ketosis)

HFpEF = heart failure with preserved ejection fraction; HFrEF = heart failure with reduced ejection fraction; ICD = implantable cardioverter defibrillator.

Diagnostic



Suivi

ASSESSMENT OF HF PROBABILITY

1. Clinical history:

- History of CAD (MI, revascularization)
- History of arterial hypertension
- Exposition to cardiotoxic drug/radiation
- Use of diuretics
- Orthopnoea / paroxysmal nocturnal dyspnoea

2. Physical examination:

- Rales
- Bilateral ankle oedema
- Heart murmur
- Jugular venous dilatation
- Laterally displaced/broadened apical beat

3. ECG:

- Any abnormality

≥ 1 present

All absent

NATRIURETIC PEPTIDES

- NT-proBNP ≥ 125 pg/mL
- BNP ≥ 35 pg/mL

No

Yes

Normal^{h,c}

HF unlikely;
consider other
diagnosis

ECHOCARDIOGRAPHY

Assessment
of natriuretic
peptides not routinely
done in clinical
practice

NATRIURETIC PEPTIDES

- NT-proBNP ≥ 125 pg/mL
- BNP ≥ 35 pg/mL

Pronostic cardiovasculaire

